

Nottinghamshire Sportshall League

Sportshall Octathlon

Sunday 10th Oct 2021

12 noon until 3 pm

For U11's Only

**Oaktree leisure Centre
Mansfield**

Vertical Jump Speed Bounce Shuttle Run
High Stepper Long Jump Triple Jump
Target Throw Balance Chest Push

Have fun doing all these events

Numbers Limited to 80 maximum

Pre booking is essential Please ensure that your name as been sent prior to the event so the field cards can be pre-printed, These events are all needed for selection to the U11's Sportshall Intercounties