



Under UK rules



DERBYSHIRE ATHLETICS & NOTTINGHAMSHIRE A.A.A.

U11's Quadkids Athletic Competition

as part of the

COUNTY TRACK & FIELD CHAMPIONSHIPS 2021

at:- **Harvey Hadden Stadium, Nottingham**

Saturday & Sunday 11th & 12th Sept 2021

Open to all Athletes from Clubs and Schools

For athletes in school years 4 , 5 & 6 (aged 9 or 10 on the day of the competition)

QUAD KIDS competition consists of

75m Sprint 600m run Long Jump Howler Javelin Throw

Athletes rotate around all 4 events. Performances will be scored and points awarded based on a decathlon type table. (the faster you run and the further you throw and jump the more points you get.)

Medals will be awarded for first three boys and first three girls in each county.

Cost £6 per athlete

Saturday 11th Sept 2021 Nottinghamshire Girls and Boys

Sunday 12th Sept 2021 Derbyshire Girls and Boy

All entries on line at :- <https://www.nottsaaa.org>

Limit of 50 athletes max per day

Absolutely no entries on the day or late entries will be accepted

Open Date for Entries:- Thursday 1st July 2021

Closing date for entries:- Friday 20th August 2021

Suitable clothing and footwear to be worn, e.g. School PE kit, Club vest, Trainers etc.

Email Enquiries to:- notts.minileague@gmail.com

Email acknowledgement of entry will be sent,