

Mini League XC, Rushcliffe Country Park, 16th Feb 2020. 11:00 start

U11G (1500m – 1 long lap)

U11B (1500m – 1 long lap)

U13G (2000m – 1 short lap +1 long lap)

U13B (3000m – 2 long laps)

U15G (3000m – 2 long laps)

U15B (4000m – 2 short laps + 2 long laps)

--- long lap (1500m)

--- short lap (500m)

