

Notts Mini-League Track and Field

Newark Stadium

Sunday 21 May 2023
Permit No. Unknown

Provisional: This is subject to change after review.

Ref	Track starts at 10:00	Start Time	Ref	Event	Officiating Club
T1	U13 Girls 70m Hurdles	10:00	F1	U11 Girls High Jump	Worksop and Retford
T2	U13 Boys 75m Hurdles	10:00	F2	U11 Boys Chest Push	Mansfield
T3	U15 Girls 75m Hurdles	10:00	F3	U13 Girls Shot Put	Newark and Notts
T4	U15 Boys 80m Hurdles	10:00	F4	U13 Boys Long Jump	Rushcliffe
T5	U11 Girls 80m	10:00	F5	U15 Girls/U15 Boys Discus	Sutton
T6	U11 Boys 80m	11:15	F6	U11 Girls Chest Push	Rushcliffe
T7	U13 Girls 100m	11:15	F7	U13 Girls/U15 Girls High Jump	Worksop and Retford
T8	U13 Boys 100m	11:15	F8	U13 Boys Javelin	Newark and Notts
T9	U15 Girls 100m	11:15	F9	U15 Girls/U15 Boys Shot Put	Mansfield
T10	U15 Boys 100m	11:15	F10	U15 Boys Long Jump	Sutton
T11	U9 Girls 50m	12:30	F11	U11 Boys High Jump	Rushcliffe
T12	U9 Boys 50m	12:30	F12	U13 Girls Long Jump	Mansfield
T13	U13 Boys 1500m	12:30	F13	U13 Boys Shot Put	Sutton
T14	U15 Girls 1500m	12:30	F14	U15 Girls/U15 Boys Javelin	Worksop and Retford
T15	U15 Boys 1500m				
T16	U15 Girls 300m				
T17	U15 Boys 300m				
T18	U11 Girls 600m				
T19	U11 Boys 600m				
T20	U13 Girls 200m				
T21	U13 Boys 200m				
T22	U15 Girls 200m				
T23	U15 Boys 200m				
T24	U11 Girls 150m				
T25	U11 Boys 150m				
T26	U13 Girls 1200m				
T27	U13 Girls 800m				
T28	U13 Boys 800m				
T29	U15 Girls 800m				
T30	U15 Boys 800m				
T31	U11 Girls 4 x 100m Relay				
T32	U11 Boys 4 x 100m Relay				
T33	U13 Girls 4 x 100m Relay				
T34	U13 Boys 4 x 100m Relay				
T35	U15 Girls 4 x 100m Relay				
T36	U15 Boys 4 x 100m Relay				

15 minutes before the scheduled start time athletes should keep a watch for the officials arriving at an event.

They should then head over to register, mark out run ups and warm up

Some events show two different age categories against the event.

These will be run as a combined event but count as separate events for point scoring purposes.

The exception is the Long Jump which will jump into two different pits.

Athletes may enter a maximum of 3 events plus a relay.

An athlete can only enter the 800m or 1200m/1500m not both.

An U15 athlete can enter a maximum of 2 out of the 100m/200m/300m.

Maximum spike length is 6mm