

# Notts Mini League – Outdoor Track Competition: Covid Risk Assessment

## Covid Risk Assessment for Bingham Track (competition)

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ACTIVITY / HAZARD	PERSONS AT RISK	RISK LEVEL	EXISTING CONTROLS	IMPROVEMENTS REQUIRED	ACTION REQUIRED	REMAINING RISK LEVEL
Lack of awareness around Covid 19, the associated risk factors, control measures and EA & Government guidelines	Athletes, Parents, Coaches, Officials & Volunteers	Low (L)	<ul style="list-style-type: none"> <li>Pre event communication to all clubs and officials with details of the procedures that will be in place on the day of the competition</li> <li>Covid coordinator appointed and present on the day of competition.</li> <li>Signage around the track and at the entrance</li> <li>Copies of Risk Assessment to be kept at the track for quick reference</li> </ul>	<ul style="list-style-type: none"> <li>Coaches &amp; volunteers to be prominent and vocal on the day</li> <li>Active monitoring by volunteers, coaches and officials</li> </ul>	<ul style="list-style-type: none"> <li>Signage to be placed around the track</li> </ul>	Low (L)

<p>Spreading / transmission of Covid 19 through contact with the disease on a surface</p>	<p>Athletes, Parents, Coaches, Officials &amp; Volunteers</p>	<p>Low (L)</p>	<ul style="list-style-type: none"> <li>• The storage hut will not be open to athletes. Only the Mini League team, Rushcliffe coaches &amp; volunteers and officials will be permitted to enter</li> <li>• Limited numbers of athletes per club allowed to compete (5 per event per age group)</li> <li>• Athletes advised to wash hands and sanitize prior to arrival</li> <li>• Hand sanitizer / sanitizer stations available at the entrance / exit &amp; around the track at each event</li> <li>• All equipment / apparatus to be cleaned before and after each session in line with E.A. guidelines</li> <li>• Only officials and volunteers to handle rakes / high jump bars etc</li> <li>• Athletes not to share throwing apparatus</li> <li>• Signage around the track advising of social distancing requirements / hand washing</li> <li>• Signage in the store / hut advising of spread of virus via contact with surfaces ('DO NOT TOUCH')</li> <li>• No refreshments will be provided / sold (other than for officials which will be pre prepared sandwiches)</li> </ul>	<ul style="list-style-type: none"> <li>• Coaches, volunteers and officials to be vigilant and vocal during the competition</li> <li>• Results will not be pinned up on the day in the usual way to avoid congregation and reduce touch points</li> </ul>	<ul style="list-style-type: none"> <li>• RAC to ensure stocks of hand sanitizer and appropriate cleaning products (anti-bacterial spray / blue roll etc (HS)</li> </ul>	<p>Low (L)</p>
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<p>Spreading / transmission of Covid 19 through air borne transmission of the virus by an infected person</p>	<p>Athletes, Parents, Coaches, Officials &amp; Volunteers</p>	<p>Low (L)</p>	<ul style="list-style-type: none"> <li>• Athlete numbers have been reduced to a maximum of 5 per club per event to reduce numbers</li> <li>• Reduced timetable in operation (less events and no relay)</li> <li>• Only one parent per athlete permitted to spectate (unless they are a volunteer, coach or official)</li> <li>• Coaches, officials and volunteers to enforce social distancing before, during and after events</li> <li>• Signage displayed around the track to encourage social distancing</li> <li>• Athletes, spectators, coaches, officials and volunteers advised not to attend if they feel unwell</li> <li>• Clubs advised not to sit in large groups to spectate. Use the whole space to spread out</li> </ul>	<ul style="list-style-type: none"> <li>• 2m spacing cones to be positioned on the path up to the track as people queue to register</li> </ul>		<p>Low (L)</p>
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Contact with an infected person through administration of First Aid	Athletes, coaches, officials, volunteers and first aid provider	Low (L)	<ul style="list-style-type: none"> <li>• Where possible and appropriate, the athlete should be encouraged to administer their own First Aid (putting on a plaster etc)</li> <li>• Professional first aid support in attendance (St John's Ambulance)</li> <li>• PPE (mask and gloves) available if contact is required</li> <li>• Full details to be recorded in the accident book</li> </ul>		<ul style="list-style-type: none"> <li>• Ensure stocks of masks and gloves are checked and available at the track (HS)</li> </ul>	Low (L)
Required to provide details for 'Track & Trace'	N/A	N/A	<ul style="list-style-type: none"> <li>• Athletes register via their club and only registered athletes will be in attendance</li> <li>• All attendees (including spectators) are ticked in at the gate and details recorded</li> <li>• Full list of officials and RAC volunteers / coaches is available if required</li> <li>• A record of attendees is retained for 3 weeks (21 days) should they be required for track &amp; trace</li> </ul>	<ul style="list-style-type: none"> <li>• Only the first gate to the track will be opened and all attendees to enter using a single point of entry which will be staffed</li> </ul>	<ul style="list-style-type: none"> <li>• Register of attendees produced using lists provided by each club (to include parent)</li> <li>• Anyone not on the register to provide name and contact number to registration volunteers at the entrance gate</li> </ul>	N/A