

Nottinghamshire Mini League

(Founded 1977) (Held under UKA Rules)

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TRACK AND FIELD SEASON 2021

Code of Practise

Magenta items are this year amendments'

1. All competing athletes must be FIRST CLAIM members of affiliated clubs. (2nd claim Athletes may compete in Notts Mini League but only as non scoring guests and will not be eligible for the end of season intercounties Competition)
2. **All Athletes U11, U13 and U15 boys and girls may only compete in three events plus a relay.** Athletes exceeding this will lose points for their club **(No relays and Athletes restricted to three events in 2021)**
3. Ages are as at **31st August 2021**
The competing age is taken as the age on 31st August in the year that the event season starts. Athletes minimum age to compete is 9 year old on the day of the competition to compete as an U11.
For U9 athlete who are 9 between August 31st and 1st April may compete in XC and Sportshall from their 9th birthday
4. This season U17 athletes may request to compete but only in a non scoring capacity. They will compete along with the U15's and they will be added to the same sheet but highlighted as U17's,
5. Athletes are allowed to compete in any events allocated to their age group and to assist with seeding in track events one athlete from each club shall be nominated by the team manager as "scoring" and where possible these athletes from each club will be in the same race. Team managers should use discretion on the number of athletes sent to an event, if for example each club sent 10 guests to the Long Jump; the consequences in time management are obvious.
6. This season **due to Covid restrictions and to prevent** large numbers competing each club can only have **5** athletes in any one event
7. Non-scoring 50m races will **not** be held **this season** for the under 9's. U9's may not score or guest in any other event. These U9's also will need numbers and to be added to the team sheet.
8. Point scoring – all events including relays:

1 st	7pts	4 th	4 pts	7 th	1 pt
2 nd	6pts	5 th	3 pts		
3 rd	5pts	6 th	2 pts		

For the 2021 season points will be given but NO Club or Individual awards will be awarded

- 8 IT was requested that we should use Match points on track results for all age groups separately and trophies be bought for the same The final match score would also be done on match points all agreed
- 9 All competing athletes must be allocated numbers which may be retained for the whole season. Athletes in each event must wear an identification number. No letters will be used
- 10 To give clubs extra numbers these numbers can be used separately for boys and girls therefore clubs can have 98 boys and 98 girls using the same set of 98 numbers. This means that a boy and a girl can have the same number and if they run in the correct race for their gender the computer will select the correct athletes. The

results will show the number with an additional “b” or “g” to denote boy or girl (but the vest number need not show this)

Athletes are to be given numbers which they will KEEP for all the season and will be used in track and Field, Cross Country and Sportshall any changes during the season MUST be notified to the Results team

11 Numbers

<u>Club</u>	<u>All Athletes</u>		
Mansfield	001 – 099	Rushcliffe	201– 399
Newark	101 – 199	Worksop	401 – 499
Notts	801– 999	Sutton	501 – 599
Retford	601 – 699		

12 Clubs are to provide their own numbers and pins. A minimum of two pins must be used to secure each number securely (one each side).

13 Competitors in all races must wear same numbers back and front

14 All competitors must wear a club vests and these must be tucked in during races.

15 At each match clubs have been allocated specific events(s) for which they will be responsible for officiating. Please ensure that there is at least **ONE qualified field official** at each event.

16 **Each club MUST also provide a track official and a timekeeper or failing this at least one person** to assist with selecting the finishing athletes or giving help to the timekeepers in recording the time and taking them to the results team. If clubs are unable to provide these officials then they MUST inform the Event secretary at least ONE week beforehand in order that other clubs can be approached to help, otherwise events may have to be withdrawn at short notice. This can be done by an email to john@notts-minileague.co.uk

17 **OFFICIALS MUST REGISTER IN GOOD TIME FOR THEIR EVENTS**

The published time of the event is the time for the scoring trials to begin, Name taking and warm up is prior to this therefore officials must arrive to the event at least 15minutes before the published time. This minimised the problem of track events over lapping field events.

18 Athletes are allowed three trials in each field event with the exception of the high jump but this may be reduced if large number are competing at an event this decision is only to be made by the field ref,. All trials to be recorded in all events

19 If the “take off” section of the high jump is slippery due to water. The field Ref will be contacted and Athletes without spikes will not be allowed to compete and will be send back to the team managers to find suitable footwear.

20 The Host Club should organise the meeting in good time and will be responsible for the following:- Setting up the track , providing all the equipment required and to assist in providing the chief officials.

21 Permits to be organised by the league

22 First aid cover MUST be provided for the event

23 Timetables to be sent out by the events **Track and field Events team** or the Events Secretary at least one week prior to the event

24 There may be a raffle to raise funds for the mini league; all prizes, raffle tickets etc. will be provided by the league secretary on the day. Monies raised should be forwarded to the league treasurer.

25 Team sheets for all clubs will be sent prior to the match and this will contain all the dates of birth and an indication if the athlete is registered with EA plus if known the URN for each athlete. The sheet needs to be up dated with new athlete’s names and numbers, dates of birth and registration details for all athletes that may attend these events and sent to the Events Secretary prior to the match so the data base can be updated. Please note that any Athlete competing without the correct date of birth will not be allowed the score for a team but their results will be recorded.

26 Any U13 / U15 / U17 athletes that are not are registered with English Athletics and do not have a URN (Athletes registration Number) they will not be allowed to compete only as guests for ONE match until they are

paid up member. The results achieved by them will be moved to the end of the list but the athlete's achievement will remain intact. This date of birth and URN number must be up-dated PRIOR to the athletes first event taking place and preferable before the day of the event

- 27 Declaration sheets will NOT be required but relay declaration sheets will be required prior to the first relay
- 28 Any Athlete competing in at least two competitions for the Notts Mini league may be selected for the end of season intercounties match.(with the exception of 2nd claim members rule 2) They will only be selected for similar events that they have participated in during these matches. The athletes' place of birth, residential address, or school being attended will have NO bearing in this selection. If conflict occurs with an adjacent county then the athlete will have the final decision. (agreed AGM Jan 2012) **The end of season Intercounties match is not being held in 2021**
- 29 Mini League results will be considered when selecting an Inter County Team. However if a satisfactory team cannot be formed from these results for whatever reason then consideration will be given to results from other leagues. Club representatives will be asked to put forward athletes from their club, together with their achievements who they wish to be considered for selection to the team at least ONE week prior to the selection meeting as detailed on the web site diary **See above**
- 30 In the event of a tie at the end of the season the winning team will be decided on the number of first places gained that season. It will be the responsibility of team managers to keep account of such figures throughout the season. **N/A in 2021**
- 31 There will be a trophy awarded at each competition to the female and male athlete of the match, which will be retained, by those athletes selected.
- 32 There will be trophies for each age group overall winners to be retained for 1 year **N/A in 2021**
- 33 All Matches and age groups will be awarded Match points to be totalled at final Match **N/A in 2021**
- 34 **Programme for this season these will be posted on the web site**
- 35 If "Chest push" or "Howler Javelin" is on the programme and cannot take place in the normal designated area for this type of event. An area must be provided away from other events and this area is to be coned off to keep athletes away from the landing area also a marked throwing area to be provided at least 2 metres square.
- 36 If an old record is broken more then once in the same event then all these athletes will receive a Certificate for their achievement (**records will apply in 2021 provided the correct procedure is applied to the event**)
- 37 All meetings will commence as detailed on the timetable
- 38 All Tracks have a requirement that Athletes have a maximum spike length of 6mm

All team managers and coaches must be aware of child protection policies and ensure that all athletes are capable of competing in the events they are entered for.

Also child protection policies must be observed regards taking of photographs all cameras must be registered at the event

Please note it is importance that the only persons on the track and surrounding areas should be team managers, officials and athletes this rule will be strictly applied

All team managers, coaches, parents and Athletes must be made aware of the Current Covid 16 regulations that are at the end of this document

Notts Mini league Covid 19 Regulations 2021

- Pre event communication to all clubs and officials with details of the procedures that will be in place on the day of the competition
- Covid coordinator appointed and present on the day of competition.
- Signage around the track and at the entrance
- Copies of Risk Assessment to be kept at the track for quick reference
- The storage hut will not be open to athletes. Only the Mini League team, Rushcliffe coaches & volunteers and officials will be permitted to enter
- Limited numbers of athletes per club allowed to compete (5 per event per age group)
- Athletes advised to wash hands and sanitize prior to arrival
- Hand sanitizer / sanitizer stations available at the entrance / exit & around the track at each event
- All equipment / apparatus to be cleaned before and after each session in line with E.A. guidelines
- Only officials and volunteers to handle rakes / high jump bars etc
- Athletes not to share throwing apparatus
- Signage around the track advising of social distancing requirements / hand washing
- Signage in the store / hut advising of spread of virus via contact with surfaces ('DO NOT TOUCH')
- No refreshments will be provided / sold (other than for officials which will be pre prepared sandwiches)
- Athlete numbers have been reduced to a maximum of 5 per club per event to reduce numbers
- Reduced timetable in operation (less events and no relay)
- Only one parent per athlete permitted to spectate (unless they are a volunteer, coach or official)
- Coaches, officials and volunteers to enforce social distancing before, during and after events
- Signage displayed around the track to encourage social distancing
- Athletes, spectators, coaches, officials and volunteers advised not to attend if they feel unwell
- Clubs advised not to sit in large groups to spectate. Use the whole space to spread out
- Where possible and appropriate, the athlete should be encouraged to administer their own First Aid (putting on a plaster etc)
- Professional first aid support in attendance (St John's Ambulance)
- PPE (mask and gloves) available if contact is required
- Full details to be recorded in the accident book
- Athletes register via their club and only registered athletes will be in attendance
- All attendees (including spectators) are ticked in at the gate and details recorded
- Full list of officials and RAC volunteers / coaches is available if required
- A record of attendees is retained for 3 weeks (21 days) should they be required for track & trace