

# Nottinghamshire Sporthall League Year Plan 2025-26

20-Sep-25 updated

Subject to change if required time table to be issued prior to each event

| 4               | 8                                                                                                          | 9                                                                  | # | 14                                                                                                                       | 15                                                                 | 20                                                                                                           | 21                                                                 | # | 26                                                                                                           | 27                                                            | # | 32                                                                                                                  | 33                                                                 |
|-----------------|------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|---|--------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|---|--------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|---|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| Venue           | Kirkby in Ashfield Leisure Centre NG17 3DJ                                                                 |                                                                    |   | Kirkby in Ashfield Leisure Centre NG17 3DJ                                                                               |                                                                    | Kirkby in Ashfield Leisure Centre NG17 3DJ                                                                   |                                                                    |   | Kirkby in Ashfield Leisure Centre NG17 3DJ                                                                   |                                                               |   | Kirkby in Ashfield Leisure Centre NG17 3DJ                                                                          |                                                                    |
| Date            | Sun 05-Oct-2025                                                                                            |                                                                    |   | Sun 02-Nov-2025                                                                                                          |                                                                    | Sun 21-Dec-2025                                                                                              |                                                                    |   | Sun 11-Jan-2026                                                                                              |                                                               |   | Sun 08-Feb-2026                                                                                                     |                                                                    |
|                 | Match 1                                                                                                    | Officiating Club                                                   |   | Match 2                                                                                                                  | Officiating Club                                                   | Match 3                                                                                                      | Officiating Club                                                   |   | Match 4                                                                                                      | Officiating Club                                              |   | Cancelled                                                                                                           | Officiating Club                                                   |
|                 | Start at 10.00                                                                                             |                                                                    |   | Start at 10.00                                                                                                           |                                                                    | Start at 10.00 / 10.30                                                                                       |                                                                    |   | Start at 10.00                                                                                               |                                                               |   | Start at 10.00                                                                                                      |                                                                    |
| Ages 8,9 & 10   | Balance test<br>Target Throw..<br>Chest Push<br>Standing Triple Jump<br>high stepper<br>Vertical High Jump | Rushcliffe<br>Sutton<br>Retford<br>Workshop<br>Mansfield<br>Newark |   | Balance test<br>Target Throw..<br>Foam Javelin<br>Standing Long Jump<br>Speed Bounce<br>high stepper                     | Newark<br>Rushcliffe<br>Sutton<br>Retford<br>Workshop<br>Mansfield | Balance test<br>Target Throw..<br>Vertical High Jump<br>Standing Triple Jump<br>Foam Javelin<br>high stepper | Sutton<br>Mansfield<br>Rushcliffe<br>Workshop<br>Newark<br>Retford |   | Balance test<br>Target Throw..<br>Foam Javelin<br>Standing Triple Jump<br>Vertical High Jump<br>high stepper | Mansfield<br>Newark<br>Notts<br>Sutton<br>Retford<br>Workshop |   | Balance test<br>Target Throw..<br>Foam Javelin<br>high stepper<br>Standing Long Jump<br>Vertical High Jump          | Retford<br>Workshop<br>Sutton<br>Rushcliffe<br>Newark<br>Mansfield |
| All Non Scoring | All Non Scoring                                                                                            |                                                                    |   | All Non Scoring                                                                                                          |                                                                    | All Non Scoring                                                                                              |                                                                    |   | All Non Scoring                                                                                              |                                                               |   | All Non Scoring                                                                                                     |                                                                    |
| U9              | 1 lap (Non Scoring)                                                                                        |                                                                    |   | 1 lap (Non Scoring)                                                                                                      |                                                                    | 1 lap (Non Scoring)                                                                                          |                                                                    |   | 1 lap (Non Scoring)                                                                                          |                                                               |   | 1 lap (Non Scoring)                                                                                                 |                                                                    |
| U11 GIRLS       | 1 Lap<br>3 Lap<br>1+1 lap Relay<br>Speed Bounce<br>Standing Long Jump<br>Foam Javelin<br>Obstacle Relay    | non score<br>Rushcliffe<br>Newark<br>Mansfield                     |   | 1 Lap<br>1 lap Hurdles<br>2+2 lap Relay<br>Vertical High Jump<br>Standing Triple Jump<br>Chest Push<br>Under /Over Relay | non score<br>Mansfield<br>Sutton<br>Retford                        | 1 Lap<br>2 lap<br>Speed Bounce<br>Standing Long Jump<br>Chest Push<br>Hurdles Relay                          | Sutton<br>Rushcliffe<br>Notts                                      |   | 1 Lap<br>2 lap<br>Standing Long Jump<br>Chest Push<br>Speed Bounce<br>4x1 Lap Relay                          | Rushcliffe<br>Newark<br>Retford                               |   | 1+1 lap Relay<br>2+2 lap Relay<br>Standing Long Jump<br>Standing Triple Jump<br>Vertical High Jump<br>4x1 Lap Relay | Newark<br>Rushcliffe<br>Mansfield                                  |
| U11 BOYS        | 1 Lap<br>3 Lap<br>1+1 lap Relay<br>Speed Bounce<br>Standing Long Jump<br>Foam Javelin<br>Obstacle Relay    | non score<br>Rushcliffe<br>Newark<br>Rushcliffe                    |   | 1 Lap<br>1 lap Hurdles<br>2+2 lap Relay<br>Vertical High Jump<br>Standing Triple Jump<br>Chest Push<br>Under /Over Relay | non score<br>Newark<br>Sutton<br>Wsp-Notts                         | 1 Lap<br>2 lap<br>Speed Bounce<br>Standing Long Jump<br>Chest Push<br>Hurdles Relay                          | Sutton<br>Rushcliffe<br>Notts                                      |   | 1 Lap<br>2 lap<br>Standing Long Jump<br>Chest Push<br>Speed Bounce<br>4x1 Lap Relay                          | Workshop<br>Newark<br>Mansfield                               |   | 1+1 lap Relay<br>2+2 lap Relay<br>Standing Long Jump<br>Standing Triple Jump<br>Vertical High Jump<br>4x1 Lap Relay | Newark<br>Rushcliffe<br>Mansfield                                  |
| U13 GIRLS       | 2 lap<br>4 lap<br>Speed Bounce<br>Standing Triple Jump<br>Vertical High Jump<br>Obstacle Relay             | Mansfield<br>Sutton<br>Retford                                     |   | 2 lap<br>8 Lap Paarlaf<br>Vertical High Jump<br>Standing Long Jump<br>Ball Push<br>4x2 Lap Relay                         | Newark<br>Rushcliffe<br>Wsp-Notts                                  | 2 lap<br>6 Lap<br>Speed Bounce<br>Standing Triple Jump<br>Vertical High Jump<br>Obstacle Relay               | Sutton<br>Newark<br>Mansfield                                      |   | 2 lap<br>4 lap<br>Speed Bounce<br>Standing Triple Jump<br>Vertical High Jump<br>4x2 Lap Relay                | Notts<br>Sutton<br>Rushcliffe                                 |   | 2 lap<br>4 lap<br>Speed Bounce<br>Standing Long Jump<br>Ball Push<br>4x2 Lap Relay                                  | Retford<br>Newark<br>Mansfield                                     |
| U13 BOYS        | 2 lap<br>4 lap<br>Speed Bounce<br>Standing Triple Jump<br>Vertical High Jump<br>Obstacle Relay             | Mansfield<br>Sutton<br>Retford                                     |   | 2 lap<br>8 Lap Paarlaf<br>Vertical High Jump<br>Standing Long Jump<br>Ball Push<br>4x2 Lap Relay                         | Newark<br>Rushcliffe<br>Mansfield                                  | 2 lap<br>6 Lap<br>Speed Bounce<br>Standing Triple Jump<br>Vertical High Jump<br>Obstacle Relay               | Retford<br>Newark<br>Mansfield                                     |   | 2 lap<br>4 lap<br>Speed Bounce<br>Standing Triple Jump<br>Vertical High Jump<br>4x2 Lap Relay                | Retford<br>Sutton<br>Rushcliffe                               |   | 2 lap<br>4 lap<br>Speed Bounce<br>Standing Long Jump<br>Ball Push<br>4x2 Lap Relay                                  | Sutton<br>Mansfield<br>Workshop                                    |
| U15 GIRLS       | 2 lap<br>4 lap<br>Speed Bounce<br>Standing Long Jump<br>Ball Push<br>Vertical High Jump<br>4x2 Lap Relay   | Rushcliffe<br>Newark<br>Retford<br>Wsp-Notts                       |   | 2 lap<br>4 lap<br>Vertical High Jump<br>Standing Long Jump<br>Standing Triple Jump<br>Speed Bounce<br>4x2 Lap Relay      | Mansfield<br>Rushcliffe<br>Sutton<br>Retford                       | 2 lap<br>4 lap<br>Speed Bounce<br>Standing Triple Jump<br>Vertical High Jump<br>Ball Push<br>4x2 Lap Relay   | Retford<br>Newark<br>Mansfield<br>Workshop                         |   | 2 lap<br>4 lap<br>Vertical High Jump<br>Ball Push<br>Standing Triple Jump<br>Speed Bounce<br>4x2 Lap Relay   | Rushcliffe<br>Retford<br>Notts<br>Mansfield                   |   | 2 lap<br>4 lap<br>Vertical High Jump<br>Standing Long Jump<br>non<br>Speed Bounce<br>4x2 Lap Relay                  | Sutton<br>Newark<br>Retford                                        |
| U15 BOYS        | 2 lap<br>4 lap<br>Speed Bounce<br>Standing Triple Jump<br>Ball Push<br>Standing Long Jump<br>4x2 Lap Relay | Mansfield<br>Sutton<br>Workshop<br>Wsp-Notts                       |   | 2 lap<br>4 lap<br>Vertical High Jump<br>Standing Long Jump<br>Speed Bounce<br>Standing Triple Jump<br>4x2 Lap Relay      | Wsp-Notts<br>Rushcliffe<br>Retford<br>Sutton                       | 2 lap<br>4 lap<br>Speed Bounce<br>Standing Triple Jump<br>Ball Push<br>Standing Long Jump<br>4x2 Lap Relay   | noo<br>Rushcliffe<br>Notts<br>Retford                              |   | 2 lap<br>4 lap<br>Ball Push<br>Standing Long Jump<br>Speed Bounce<br>Standing Triple Jump<br>4x2 Lap Relay   | Newark<br>Workshop<br>Mansfield<br>Sutton                     |   | 2 lap<br>4 lap<br>Speed Bounce<br>Standing Long Jump<br>non<br>Standing Triple Jump<br>4x2 Lap Relay                | Retford<br>Workshop<br>Rushcliffe                                  |
| Officials       | Track Judge<br>Markman<br>Set up Events                                                                    | ALL<br>Workshop<br>ALL                                             |   | Track Judge<br>Markman<br>Set up Events                                                                                  | ALL<br>Workshop<br>ALL                                             | Track Judge<br>Markman<br>Set up Events                                                                      | ALL<br>Workshop<br>ALL                                             |   | Track Judge<br>Markman<br>Set up Events                                                                      | ALL<br>Workshop<br>ALL                                        |   | Track Judge<br>Markman<br>Set up Events                                                                             | ALL<br>Workshop<br>ALL                                             |
|                 | Match 1                                                                                                    |                                                                    |   | Match 2                                                                                                                  |                                                                    | Match 3                                                                                                      |                                                                    |   | Match 4                                                                                                      |                                                               |   | Cancelled                                                                                                           |                                                                    |

## Dates to Remember

Sun 08-Feb-2026 Sportshall East Midland Regional Final (11 to 15)  
TBC Sportshall UK Final (13 - 15)

Meres Leisure Centre Grantham  
TBC

## notes

Minimum age for the Taster Sessions is 8 years old on the day of the event  
Minimum age for the main scoring events is 9 years old on the day of the event  
No minimum age for the 1 lap non scoring