

Notts Sportshall League Match 4 (U11 to U15)

31 December 2025 updated

Kirkby in Ashfield Leisure Centre Sunday 11 Jan 26

Starts:-10.00 (Taster session)

Timetable

Finish time Approx 1.30 pm

Main Competition 10.30

The 7 event circuit taster session starts at 10am. For ages 8, 9 and 10 year olds (non scoring)

<i>First Race 11.00</i>			<i>First 6 Field Event at 10.45</i>		
Track	EVENT		Field	EVENT	Organising Club
Awards from Previous Event					
T1	U11 Girls	1 Lap	F1	U11 Girls	Foam Javelin
T2	U11 Boys	1 Lap	F2	U11 Boys	Foam Javelin
T3	U13 Girls	2 Lap	F3	U13 Girls	Ball Shot Push
T4	U13 Boys	2 Lap	F4	U13 Boys	Ball Shot Push
T5	U15 Girls	2 Lap	F5	U15 Girls	Ball Shot Push
T6	U15 Boys	2 Lap	F6	U15 Boys	Ball Shot Push
T7	U11 Girls	1+1 lap Relay (NS)	F7	U11 Girls	Standing Triple Jump
T8	U11 Boys	1+1 lap Relay (NS)	F8	U15 Boys	Speed Bounce 30 sec
T9	U13 Girls	4 Lap	F9	U11 Boys	Vertical High Jump
T10	U13 Boys	4 Lap	F10	U13 Boys	Standing Long Jump
T11	U15 Girls	4 Lap	F11	U13 Girls	Speed Bounce 30 sec
T12	U15 Boys	4 Lap	F12	U15 Girls	Vertical High Jump
T13	U11 Girls	2 Lap	F13	U15 Boys	Standing Triple Jump
T14	U11 Boys	2 Lap	F14	U13 Boys	Speed Bounce 30 sec
Raffle					
T15	U8 mixed	1 Lap (non scoring)	F15	U11 Girls	Vertical High Jump
T16	U11 Girls	Obstacle Relay	F16	U11 Boys	Standing Triple Jump
T17	U11 Boys	Obstacle Relay	F17	U15 Girls	Speed Bounce 30 sec
T18	U13 Girls	4x2 Lap Relay	F18	U15 Boys	Standing Long Jump
T19	U13 Boys	4x2 Lap Relay	F19	U13 Girls	Standing Long Jump
T20	U15 Girls	4x2 Lap Relay	F20	U15 Girls	Standing Long Jump
T21	U15 Boys	4x2 Lap Relay			

Remember we need a field team and a Track Judges from each club

Each Athlete can do 4 events including the relay. (The U11's 1+1 relay is not included in this count)

No Entrance for parents to the Sports-Hall before 9.45 am FOOD OR DRINK ok but remove the rubbish when leaving

Seating is limited therefore please aim to attend with the minimum of spectators

No sitting or running in the entrance hall or the corridors at any time.