

Notts Sportshall League Match 1 (U11's to U15's)

04 October 2024 updated

Kirkby in Ashfield Leisure Centre

Sunday 13 Oct 24

Starts:-10.00 (Taster session)

Timetable

Finish time Approx 1.30 pm

Main Competition 10.30

The 6 event circuit taster session starts at 10am. For ages 8, 9 and 10 year olds (non scoring)

First Race 11.00

First 6 Field Event at 10.45

Track *Approx tim* **EVENT**

Field *Approx tin* **EVENT** *Organising Club*

Awards from last match

T1	U11 Girls	11:05	1 Lap	F1	U11 Girls	10:50	Foam Javelin	Mansfield
T2	U11 Boys	11:10	1 Lap	F2	U11 Boys	10:50	Foam Javelin	Rushcliffe
T3	U13 Girls	11:15	2 Lap	F3	U13 Girls	10:50	Standing Triple Jump	Sutton
T4	U13 Boys	11:20	2 Lap	F4	U13 Boys	10:50	Speed Bounce 30 sec	Mansfield
T5	U15 Girls	11:25	2 Lap	F5	U15 Girls	10:50	Ball Shot Push	Retford
T6	U15 Boys	11:30	2 Lap	F6	U15 Boys	10:50	Ball Shot Push	Worksop
T7	U11 Girls	11:45	3 Lap	F7	U11 Girls	11:15	Standing Long Jump	Newark
T8	U11 Boys	11:55	3 Lap	F8	U11 Boys	11:30	Speed Bounce 20 sec	Rushcliffe
T9	U13 Girls	12:05	4 Lap	F9	U13 Girls	11:35	Vertical High Jump	Retford
T10	U13 Boys	12:15	4 Lap	F10	U13 Boys	11:45	Standing Triple Jump	Sutton
T11	U15 Girls	12:25	4 Lap	F11	U15 Girls	11:45	Standing Long Jump	Newark
T12	U15 Boys	12:35	4 Lap	F12	U15 Boys	11:50	Speed Bounce 30 sec	Mansfield
T13	U9 mixed Raffle	12:40	1 Lap (non scoring)	F13	U11 Girls	12:05	Speed Bounce 20 sec	Rushcliffe
T14	U13 Girls	12:55	Obstacle Relay	F14	U15 Girls	12:10	Vertical High Jump	Worksop-Notts
T15	U13 Boys	13:00	Obstacle Relay	F15	U15 Boys	12:15	Standing Triple Jump	Sutton
T16	U11 Boys	13:05	Obstacle Relay	F16	U11 Boys	12:20	Standing Long Jump	Newark
T17	U11 Girls	13:10	Obstacle Relay	F17	U13 Girls	12:25	Speed Bounce 30 sec	Mansfield
T18	U15 Girls	13:15	4x2 Lap Relay	F18	U13 Boys	12:30	Vertical High Jump	Retford
T19	U15 Boys	13:15	4x2 Lap Relay	F19	U15 Girls	12:45	Speed Bounce 30 sec	Rushcliffe
				F20	U15 Boys	12:50	Standing Long Jump	Worksop-Notts

Remember we need a field team and a Track Judges from each club

Each Athlete can do 4 events including the relay. (**Note U15 multi event competition today**)

No Entrance for parents to the Sports-Hall before 9.45 am NO FOOD OR DRINK allowed in the Sportshall

Seating is limited therefore please aim to attend with the minimum of spectators

No sitting or running in the entrance hall or the corridors at any time.