

U15 Multi Event Award

Sunday 26 Nov 23

- 1 At each match the best U15 Boy and U15 Girl Athletes that cover the relevant events will receive an award
- 2 Each event will be awarded points from a data chart and the best three scores (1 from each group) to be totalled
- 3 Athletes must do at least 1 from each Group to be considered for this award
- 4 These athlete still gain team points as normal (this is a extra)
- 5 Shot is to be done outside and depends on the weather therefore athletes will need to choose one of the other events in the same group
- 6 U15 Athletes are at the moment allowed to do 4 events Plus a relay
- 7 If two events are done in one group the best results will be used in the calculation

BOYS	Group 1	Group 2	Group 3
	2 lap	Standing Triple Jump	Speed Bounce 30 sec
	4 lap	Standing Long Jump	Vertical High Jump
			Shot (4 kg)
GIRLS	Group 1	Group 2	Group 3
	2 lap	Standing Long Jump	Vertical High Jump
	4 lap	Standing Triple Jump	Speed Bounce 30 sec
			Shot (3 kg)