

Notts Sportshall League Match 5 (U11 to U15)

13 February 2024 updated

Kirkby in Ashfield Leisure Centre

Sunday 18 Feb 24

Starts:-10.30

Timetable Finish time Approx .2.30 pm

First Race 11.00

Track EVENT

Awards from last match

| | | |
|-----|-----------|---------------------|
| T1 | U11 Girls | 1 Lap |
| T2 | U11 Boys | 1 Lap |
| T3 | U13 Girls | 2 Lap |
| T4 | U13 Boys | 2 Lap |
| T5 | U15 Girls | 2 Lap |
| T6 | U15 Boys | 2 Lap |
| T7 | U11 Girls | 2 Lap |
| T8 | U11 Boys | 2 Lap |
| T9 | U13 Girls | 6 Lap |
| T10 | U13 Boys | 6 Lap |
| T11 | U15 Girls | 4 Lap |
| T12 | U15 Boys | 4 Lap |
| T13 | U9 mixed | 1 Lap (non scoring) |
| T14 | U13 Girls | Obstacle Relay |
| T15 | U13 Boys | Obstacle Relay |
| T16 | U11 Girls | 4x1 Lap Relay |
| T17 | U11 Boys | 4x1 Lap Relay |
| T18 | U15 Girls | 4x2 Lap Relay |
| T19 | U15 Boys | 4x2 Lap Relay |

Raffle

Awards at the end of the Match

- 1, Athlete of the match Awards from the Last Match
- 2 Any Outstanding Awards
- 3 Best U15 Girls Shot
- 4 Best U15 Boys Shot
- 5 Age group Club Awards (If Possible)
- 6 Club Of the year Award (If Possible)
- 7 Best Female Athlete of the Year (If possible)
- 8 Best Male Athlete of the Year (If possible)
- 9 Athlete of the match Awards from this Match (to be later)

Remember we need a field team and a Track Judges from each club

Each Athlete can do 4 events including the relay. (Note No U15 multi event competition today)

No Entrance for parents to the Sports-Hall before 10.15 am NO FOOD OR DRINK allowed in the Sportshall

Seating is limited therefore please aim to attend with the minimum of spectators

No sitting or running in the entrance hall or the corridors at any time.

First 6 Field Event at 10.45

Field EVENT Organising Club

| | | | |
|-----|-----------|----------------------|------------|
| F1 | U11 Girls | High Stepper | Newark |
| F2 | U11 Boys | High Stepper | Rushcliffe |
| F3 | U13 Girls | Ball Shot Push | Sutton |
| F4 | U13 Boys | Ball Shot Push | Mansfield |
| F5 | U15 Girls | Standing Long Jump | Retford |
| F6 | U15 Boys | Standing Triple Jump | Worksop |
| F7 | U15 Girls | Vertical High Jump | Sutton |
| F8 | U15 Boys | Speed Bounce 30 sec | Mansfield |
| F9 | U11 Girls | Balance | Rushcliffe |
| F10 | U11 Boys | Vertical High Jump | Newark |
| F11 | U13 Girls | Standing Long Jump | Retford |
| F12 | U13 Boys | Speed Bounce 30 sec | Mansfield |
| F13 | U15 Boys | Standing Long Jump | Retford |
| F14 | U11 Girls | Chest Push | Newark |
| F15 | U11 Boys | Balance | Rushcliffe |
| F16 | U13 Girls | Speed Bounce 30 sec | Mansfield |
| F17 | U13 Boys | Standing Long Jump | Retford |
| F18 | U15 Girls | Speed Bounce 30 sec | Mansfield |