

# Notts Sportshall League Match 3 ( U11 to U15)

Oaktree Leisure Centre Mansfield

Sunday 11 Dec 22

Starts:-10.45

## Timetable

Track	EVENT	Field	EVENT
T1	U11 Girls 1 lap Hurdles	F1	U13 Girls Speed Bounce 30 sec
T2	U11 Boys 1 lap Hurdles	F2	U15 Girls Vertical High Jump
T3	U13 Girls 2 Lap	F3	U15 Boys Standing Long Jump
T4	U13 Boys 2 Lap	F4	U11 Girls Standing Triple Jump
T5	U15 Girls 2 Lap	F5	U13 Boys Speed Bounce 30 sec
T6	U15 Boys 2 Lap	F6	U11 Boys Standing Triple Jump
T7	U11 Girls 2 Lap	F7	U11 Girls Vertical High Jump
T8	U11 Boys 2 Lap	F8	U13 Girls Standing Long Jump
T9	U13 Girls 6 Lap	F9	U15 Girls Standing Long Jump
T10	U13 Boys 6 Lap	F10	U11 Boys Vertical High Jump
T11	U15 Girls 4 Lap	F11	U15 Boys Standing Triple Jump
T12	U15 Boys 4 Lap	F12	U13 Boys Standing Long Jump
T13	U11 Girls Obstacle Relay	F13	U11 Girls Foam Javelin
T14	U11 Boys Obstacle Relay	F14	U11 Boys Foam Javelin
T15	U13 Girls Obstacle Relay	F15	U13 Girls Shot (2.72kg)
T16	U13 Boys Obstacle Relay	F16	U13 Boys Shot (3kg)
T17	U15 Girls 4x2 Lap Relay	F17	U15 Girls Shot (3 kg)
T18	U15 Boys 4x2 Lap Relay	F18	U15 Boys Shot (4 kg)

**This Season we are also doing an U15's multi event award during each match**

Remember we need Timekeepers and Track Judges 1 from each club

Each athlete can compete in a maximum of 4 events including a relay

No Entrance for parents to the Sports-Hall before 10.30 am NO FOOD OR DRINK allowed

Athletes and Team Managers down stairs, parents upstairs please

Please be sensible with the numbers as space is limited in the viewing gallery

Early arrivers meet in the community Room. Enter from the door at road side of the building

Please do not arrive before 10.15, No one is allowed in the viewing gallery until after 10.30

We have been asked to remain in the Main Hall, or upstairs in the viewing gallery during the event

No sitting or running in the entrance hall or the corridors at any time.