

# Notts Sportshall League Match 3 ( U11 to U15)

Oaktree Leisure Centre Mansfield

Sunday 05 December 2021

Starts:- Track 12 noon-Field events 11.40)

## Timetable



**Track**    **EVENT**



**Field**    **EVENT**

**PROVISIONAL ORDER OF EVENTS MAY CHANGE**

*Do not forget your Hat*

<b>T1</b>	U11 Girls	2 Lap	<b>F1</b>	U11 Girls	Chest Push
<b>T2</b>	U11 Boys	2 Lap	<b>F2</b>	U11 Boys	Chest Push
<b>T3</b>	U13 Girls	2 Lap	<b>F3</b>	U15 Boys	Standing Triple Jump
<b>T4</b>	U13 Boys	2 Lap	<b>F4</b>	U15 Girls	Vertical High Jump
<b>T5</b>	U15 Girls	2 Lap	<b>F5</b>	U13 Boys	Standing Triple Jump
<b>T6</b>	U15 Boys	2 Lap	<b>F6</b>	U11 Girls	Standing Long Jump
<b>T7</b>	U11 Girls	1 Lap	<b>F7</b>	U11 Boys	Speed Bounce 20 sec
<b>T8</b>	U11 Boys	1 Lap	<b>F8</b>	U13 Girls	Vertical High Jump
<b>T9</b>	U13 Girls	6 Lap	<b>F9</b>	U15 Girls	Standing Triple Jump
<b>T10</b>	U13 Boys	6 Lap	<b>F10</b>	U15 Boys	Vertical High Jump
<b>T11</b>	U15 Girls	4 Lap	<b>F11</b>	U11 Girls	Speed Bounce 20 sec
<b>T12</b>	U15 Boys	4 Lap	<b>F12</b>	U11 Boys	Standing Long Jump
<b>T13</b>	U11 Girls	4x1 Lap Relay	<b>F13</b>	U13 Girls	Standing Triple Jump
<b>T14</b>	U11 Boys	4x1 Lap Relay	<b>F14</b>	U13 Boys	Vertical High Jump
			<b>F15</b>	U13 Girls	Shot (2.72kg)
			<b>F16</b>	U13 Boys	Shot (3kg)
			<b>F17</b>	U15 Girls	Shot (3 kg)
			<b>F18</b>	U15 Boys	Shot (4 kg)



**Remember we need Timekeepers and Track Judges 1 from each club  
Each athlete can compete in a maximum of three events plus a relay (if available).**

**No Entrance to the Sports-Hall before 12 noon    NO FOOD OR DRINK    allowed in the Sportshall**

**Athletes and Team Managers down stairs, parents upstairs please**

**Only one Parent per Athlete allowed (Weather permitting meet in the back Car park)**

**Please do not arrive before 11.45, No one is allowed in the viewing gallery until after 12.00 noon or into the hall until**

**We have been asked to remain in the Main Hall, or upstairs in the viewing gallery during the events**

**No sitting or running in the entrance hall or the corridors at any time.**

**Certain athletes are allowed in the main hall at 11.40 to do their events (but NO parents until after 12.00)**