

Notts Sportshall League Match 3 (U11 to U15)

Oaktree Leisure Centre Mansfield

Sunday 05 Dec 21

Starts:- Track 12 noon-Field events 11.40)

Timetable

Finish time Approx.2.55pm



Track

Approx time

EVENT



Field

Approx time

EVENT



Organising

Times & Numbers MAY CHANGE

Do not forget your Hat

T1	U11 Girls	12.05	2 Lap (14)
T2	U11 Boys	12.10	2 Lap (11)
T3	U13 Girls	12.20	2 Lap (16)
T4	U13 Boys	12.30	2 Lap (13)
T5	U15 Girls	12.40	2 Lap (8)
T6	U15 Boys	12.50	2 Lap (8)
T7	U11 Girls	12.55	1 Lap (15)
T8	U11 Boys	13.05	1 Lap (8)
T9	U13 Girls	13.15	6 Lap (6)
T10	U13 Boys	13.20	6 Lap (6)
T11	U15 Girls	13.25	4 Lap (3)
T12	U15 Boys	13.35	4 Lap (5)
T13	U11 Girls	13.50	4x1 Lap Relay (16)
T14	U11 Boys	14.05	4x1 Lap Relay (7)

F1	U11 Girls	11.40	Chest Push (8)	Worksop
F2	U11 Boys	11.40	Chest Push (8)	Sutton
F3	U15 Boys	11.40	Standing Triple Jump (6)	Rushcliffe
F4	U15 Girls	12.00	Vertical High Jump (7)	Newark
F5	U13 Boys	12.05	Standing Triple Jump (5)	Rushcliffe
F6	U11 Girls	12.30	Standing Long Jump (10)	Notts
F7	U11 Boys	12.30	Speed Bounce 20 sec (7)	Mansfield
F8	U13 Girls	12.40	Vertical High Jump (17)	Newark
F9	U15 Girls	13.00	Standing Triple Jump (5)	Rushcliffe
F10	U15 Boys	13.10	Vertical High Jump (7)	Newark
F11	U11 Girls	13.25	Speed Bounce 20 sec (9)	Mansfield
F12	U11 Boys	13.25	Standing Long Jump (8)	Notts
F13	U13 Girls	13.30	Standing Triple Jump (14)	Rushcliffe
F14	U13 Boys	13.35	Vertical High Jump (10)	Newark
F15	U13 Girls	14.25	Shot (2.72kg) (4)	Worksop
F16	U13 Boys	14.25	Shot (3kg) (4)	Worksop
F17	U15 Girls	14.25	Shot (3 kg) (2)	Sutton
F18	U15 Boys	14.25	Shot (4 kg) (4)	Sutton



We request that all Parents and Athletes wear a face Mask

Remember we need Timekeepers and Track Judges 1 from each club

Each athlete can compete in a maximum of three events plus a relay (if available).

No Entrance to the Sports-Hall before 12 noon NO FOOD OR DRINK allowed in the Sportshall

Athletes and Team Managers down stairs, parents upstairs please

Only one Parent per Athlete no non competing children allowed (meet in the back Car park)

Please do not arrive before 11.45, No one is allowed in the viewing gallery until after 12.00 noon

We have been asked to remain in the Main Hall, or upstairs in the viewing gallery during the events

No sitting or running in the entrance hall or the corridors at any time.

Certain athletes are allowed in the main hall at 11.40 to do their events (but NO parents until after 12.00)

