

Sportshall Fun in Athletics & Sportshall Regional Final - Combined Programme

On the track ...

Obstacle Relay – u11 girls
 Obstacle Relay – u11 boys
 Obstacle Relay – u13 boys
 Obstacle Relay – u13 girls

2 Lap Race – u13 girls - heats
 2 Lap Race – u13 boys – heats
 4 Lap Race – u13 girls – heats
 4 Lap Race – u13 boys - heats
 2 Lap Race – u13 non-scoring

2 Lap Race – u15 girls - time trials
 2 Lap Race – u15 boys - time trials
 4 Lap Race – u15 girls - time trials
 4 Lap Race – u15 boys - time trials
 2 Lap Race – u15 non-scoring

1 + 1 Lap Relay - u11 girls
 1 + 1 Lap Relay - u11 boys
 2 + 2 Lap Relay - u11 girls
 2 + 2 Lap Relay - u11 boys
 6 Lap Paarlaf - u11 girls
 6 Lap Paarlaf - u11 boys

4 x 1 Lap Relay – u13 girls - finals
 4 x 1 Lap Relay – u13 boys - finals
 6 Lap Race – u13 girls - time trials
 6 Lap Race – u13 boys - time trials
 2 Lap Race – u13 girls - finals
 2 Lap Race – u13 boys - finals
 4 Lap Race – u13 girls - finals
 4 Lap Race – u13 boys - finals

Hurdles Relay – u11 girls
 Hurdles Relay – u11 boys
 Over/Under Relay – u11 girls
 Over/Under Relay – u11 boys

8 Lap Paarlaf – u15 girls - time trials
 8 Lap Paarlaf – u15 boys - time trials
 8 Lap Paarlaf – u13 girls - time trials
 8 Lap Paarlaf – u13 boys - time trials

4 x 2 Lap Relay – u13 girls - finals
 4 x 2 Lap Relay – u13 boys - finals
 4 x 2 Lap Relay – u15 girls - finals
 4 x 2 Lap Relay – u15 boys - finals

4 x 1 Lap Relay – u11 girls
 4 x 1 Lap Relay – u11 boys

... and in the field

St. Long Jump – u15 girls
 Vertical Jump – u15 girls
 Shot – u15 boys
 Speed Bounce – u15 boys

St Long Jump – u11 girls
 St Triple Jump – u11 girls
 Vertical Jump – u11 girls
 Hi-Stepper – u11 boys
 Speed Bounce – u11 boys

St. Long Jump – u13 girls
 St. Triple Jump – u13 girls
 Vertical Jump – u13 boys
 Shot – u13 boys
 Speed Bounce – u13 boys

St. Long Jump – u15 boys
 St. Triple Jump – u15 boys
 Shot – u15 girls
 Speed Bounce – u15 girls

St Long Jump – u11 boys
 St Triple Jump – u11 boys
 Vertical Jump – u11 boys
 Hi-Stepper – u11 girls
 Speed Bounce – u11 girls

St. Long Jump – u13 boys
 St. Triple Jump – u13 boys
 Vertical Jump – u13 girls
 Shot – u13 girls
 Speed Bounce – u13 girls

Chest Push – u11 girls
 Javelin – u11 girls

Chest Push – u11 boys
 Javelin – u11 boys