

Team Results

Derbyshire (white)

Competition:

East Midlands Regional Final Under 11 Girls

Venue:

Grantham Meres

Date

2 Mar 2024

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	MR	4x2	BT	CP	J	SB	SLJ	STJ	TT
1	Derbyshire	White	470	28	30	28	26	30	24	26	26	28	28	30	30	25	26	30	29
2	Nottinghamshire	Green	461	30	28	24	28	24	30	24	28	24	30	27	24	28	30	28	24
3	Leicestershire & R	Black	458	26	24	30	30	28	26	30	24	30	24	27	26	30	24	26	29
4	Lincolnshire	Green & White	446	23	26	26	24	26	28	28	30	26	26	24	28	25	28	24	26
5	Northamptonshire	Red	353	23	22	22	22	22	22	22	22	22	22	22	22	22	22	22	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Jessica Sanderson	CP	6.50	6.25	7.25		7.25	2
1	Jessica Sanderson	STJ	5.35	5.52	5.52		5.52	8
2	Summer Biggs	CP	7.00	7.25	7.00		7.25	1
2	Summer Biggs	STJ	5.98	6.04	6.14		6.14	2
4	Martha-Rose Smith	J	7	9	12		12	3
4	Martha-Rose Smith	STJ	5.56	0.00	5.30		5.56	7
6	Aimee Brackenbury	BT	12	15	15	15	57	3=
6	Aimee Brackenbury	VJ	45	46	45		46	1
7	Georgie Riley	BT	15	15	15	12	57	3=
8	Ruby Thomson	VJ	36	39	37		39	10
10	Faith Harries	SB	45				45	7=
10	Faith Harries	TT	6	0	2	0	8	4=
11	Emily Malloy	SB	47				47	6
12	Millie Shin	SB	44				44	10=
12	Millie Shin	SLJ	1.73	1.71	1.76		1.76	9
13	Sophie Flint	TT	6	2	1	2	11	1=
13	Sophie Flint	VJ	36	40	35		40	9
14	Ruby Arnold	J	9	16	10		16	1
14	Ruby Arnold	SLJ	2.00	1.93	2.00		2.00	2
15	Francesca Mayers	BT	15	8	15	3	41	12
15	Francesca Mayers	SLJ	1.69	1.63	1.71		1.71	12

Team Results

Leicestershire & R (black)

Competition:

East Midlands Regional Final Under 11 Girls

Venue:

Grantham Meres

Date

2 Mar 2024

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	MR	4x2	BT	CP	J	SB	SLJ	STJ	TT
1	Derbyshire	White	470	28	30	28	26	30	24	26	26	28	28	30	30	25	26	30	29
2	Nottinghamshire	Green	461	30	28	24	28	24	30	24	28	24	30	27	24	28	30	28	24
3	Leicestershire & R	Black	458	26	24	30	30	28	26	30	24	30	24	27	26	30	24	26	29
4	Lincolnshire	Green & White	446	23	26	26	24	26	28	28	30	26	26	24	28	25	28	24	26
5	Northamptonshire	Red	353	23	22	22	22	22	22	22	22	22	22	22	22	22	22	22	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Ella Swanepoel	CP	6.50	5.75	6.75		6.75	3
1	Ella Swanepoel	STJ	6.02	6.15	6.04		6.15	1
2	Naomi-Rose Mugoti	SB	44				44	10=
2	Naomi-Rose Mugoti	SLJ	1.69	1.75	1.65		1.75	10
3	Georgia Salter	J	0	10	10		10	4
3	Georgia Salter	SB	51				51	2
4	Adelola Sanyaolu	VJ	39	45	46		46	2
5	Rose Nugent	BT	12	15	9	15	51	8
5	Rose Nugent	STJ	5.02	4.94	5.06		5.06	12
6	Rose Garner	BT	15	15	8	15	53	5=
6	Rose Garner	TT	4	4	0	0	8	4=
7	Emmie-Mae Perry	CP	5.50	5.50	5.50		5.50	7
7	Emmie-Mae Perry	VJ	35	37	38		38	11
8	Lisbeth Davies	SLJ	1.63	1.73	1.73		1.73	11
10	Erin Palmer	BT	6	9	9	7	31	14
10	Erin Palmer	STJ	4.92	4.96	5.22		5.22	10
11	Stormie Sherlock	J	8	8	9		9	7
11	Stormie Sherlock	SLJ	1.79	1.79	1.80		1.80	8
12	Hattie Bond	SB	49				49	4=
12	Hattie Bond	TT	6	4	1	0	11	1=
13	Isla Kinsella	VJ	30	29	30		30	13

Team Results

Lincolnshire (green & white)

Competition:

East Midlands Regional Final Under 11 Girls

Venue:

Grantham Meres

Date

2 Mar 2024

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	MR	4x2	BT	CP	J	SB	SLJ	STJ	TT
1	Derbyshire	White	470	28	30	28	26	30	24	26	26	28	28	30	30	25	26	30	29
2	Nottinghamshire	Green	461	30	28	24	28	24	30	24	28	24	30	27	24	28	30	28	24
3	Leicestershire & R	Black	458	26	24	30	30	28	26	30	24	30	24	27	26	30	24	26	29
4	Lincolnshire	Green & White	446	23	26	26	24	26	28	28	30	26	26	24	28	25	28	24	26
5	Northamptonshire	Red	353	23	22	22	22	22	22	22	22	22	22	22	22	22	22	22	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Emily Ward	SLJ	1.79	1.79	1.81		1.81	7
2	Florence Harrison	STJ	5.56	5.46	5.42		5.56	6
3	Rose Pell	CP	5.75	5.50	6.00		6.00	5
3	Rose Pell	STJ	5.55	5.44	5.70		5.70	3
4	Eva Kirtley-Marshall	J	14	13	12		14	2
4	Eva Kirtley-Marshall	VJ	40	36	36		40	8
5	Ola Kubiak	BT	15	7	15	5	42	11
5	Ola Kubiak	SLJ	1.80	1.75	1.85		1.85	5
6	Ella Fraser-Betts	SB	37				37	14
6	Ella Fraser-Betts	SLJ	1.75	1.79	1.85		1.85	6
7	Lily-Rose Jameson	BT	15	3	15	14	47	9
7	Lily-Rose Jameson	TT	3	6	0	0	9	3
8	Leah Allen	SB	50				50	3
8	Leah Allen	STJ	5.02	5.04	5.12		5.12	11
9	Georgia Marriott	VJ	40	46	42		46	3
10	Arabella Weston	SB	49				49	4=
10	Arabella Weston	TT	2	2	3	0	7	6=
11	Amelia Parsons	J	9	10	8		10	5=
12	Esmee Wallace	CP	5.25	5.25	5.50		5.50	8
13	Erin-Rose Pell	VJ	38	34	40		40	7
14	Hanna Moore	BT	15	15	15	15	60	1

Team Results

Nottinghamshire (green)

Competition:

East Midlands Regional Final Under 11 Girls

Venue:

Grantham Meres

Date

2 Mar 2024

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	MR	4x2	BT	CP	J	SB	SLJ	STJ	TT
1	Derbyshire	White	470	28	30	28	26	30	24	26	26	28	28	30	30	25	26	30	29
2	Nottinghamshire	Green	461	30	28	24	28	24	30	24	28	24	30	27	24	28	30	28	24
3	Leicestershire & R	Black	458	26	24	30	30	28	26	30	24	30	24	27	26	30	24	26	29
4	Lincolnshire	Green & White	446	23	26	26	24	26	28	28	30	26	26	24	28	25	28	24	26
5	Northamptonshire	Red	353	23	22	22	22	22	22	22	22	22	22	22	22	22	22	22	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Natasha Milburn	CP	6.00	6.00	6.25		6.25	4
1	Natasha Milburn	STJ	5.04	5.26	5.58		5.58	4
2	Nancy Knowles	SB	56				56	1
2	Nancy Knowles	SLJ	2.05	2.00	2.08		2.08	1
3	Robin Overbury	BT	15	3	15	13	46	10
3	Robin Overbury	VJ	40	39	43		43	6
4	Katelyn Marshall	SLJ	1.85	1.87	1.87		1.87	4
5	Margot Dixon	SLJ	1.95	1.97	1.88		1.97	3
6	Sophia Gibson	J	10	9	8		10	5=
6	Sophia Gibson	VJ	43	45	44		45	4
7	Holly Hayes	STJ	5.34	5.56	5.52		5.56	5
8	Bonnie Bradley	VJ	38	44	43		44	5
9	Eliza De Villiers	BT	15	15	15	13	58	2
9	Eliza De Villiers	STJ	5.26	5.24	5.46		5.46	9
10	Hollie Pearson	CP	5.50	6.00	5.25		6.00	6
10	Hollie Pearson	SB	42				42	13
11	Katherine Foster	SB	45				45	7=
11	Katherine Foster	TT	4	0	1	0	5	8
12	Piper Harpham	J	8	6	8		8	8
13	Tilly Wood	BT	15	15	15	8	53	5=
13	Tilly Wood	TT	4	3	0	0	7	6=

Team Results

Northamptonshire (red)

Competition:

East Midlands Regional Final Under 11 Girls

Venue:

Grantham Meres

Date

2 Mar 2024

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	MR	4x2	BT	CP	J	SB	SLJ	STJ	TT
1	Derbyshire	White	470	28	30	28	26	30	24	26	26	28	28	30	30	25	26	30	29
2	Nottinghamshire	Green	461	30	28	24	28	24	30	24	28	24	30	27	24	28	30	28	24
3	Leicestershire & R	Black	458	26	24	30	30	28	26	30	24	30	24	27	26	30	24	26	29
4	Lincolnshire	Green & White	446	23	26	26	24	26	28	28	30	26	26	24	28	25	28	24	26
5	Northamptonshire	Red	353	23	22	22	22	22	22	22	22	22	22	22	22	22	22	22	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
3	Georgina Holley	SB	43				43	12
3	Georgina Holley	SLJ	1.55	1.39	1.55		1.55	13
4	Emily Groves	CP	4.25	4.25	4.50		4.50	
4	Emily Groves	SB	45				45	7=
4	Emily Groves	SLJ	1.52	1.40	1.46		1.52	14
5	Caitlin Irving	BT	9	13	15	15	52	7
5	Caitlin Irving	STJ	4.08	4.42	4.76		4.76	13
6	Mariah Alaka	BT	15	11	6	4	36	13
6	Mariah Alaka	VJ	33	32	31		33	12
7	Lexi Mae Arnold	CP	4.25	4.25	3.75		4.25	9
7	Lexi Mae Arnold	STJ	0.00	4.18	4.42		4.42	14
8	Esme Ward-Bullock	J	3	1	6		6	10
8	Esme Ward-Bullock	VJ	26	24	24		26	14
9	Chanah Sognigbe	VJ	0	0	0		0	
10	Manar Zbirou	STJ	4.22	0.00	0.00		4.22	15
12	Amy Longden	BT	3	7	3	12	25	15
12	Amy Longden	J	6	5	6		6	9
13	Jacy Smith	SB	25				25	15
13	Jacy Smith	SLJ	1.20	1.22	1.14		1.22	15

Results Sheet

Obstacle Relay

Competition:

East Midlands Regional Final Under 11 Girls

Venue:

Grantham Meres

Date

2 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Nottinghamshire	Green	1:21.5	0.0	1:21.5	30.0
2	01	Derbyshire	White	1:22.1	0.0	1:22.1	28.0
3	02	Leicestershire & R	Black	1:27.3	0.0	1:27.3	26.0
4=	03	Lincolnshire	Green & White	1:37.1	0.0	1:37.1	23.0
4=	05	Northamptonshire	Red	1:37.1	0.0	1:37.1	23.0

Results Sheet

1 + 1 Lap Relay

Competition:

East Midlands Regional Final Under 11 Girls

Venue:

Grantham Meres

Date

2 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Derbyshire	White	25.9	0.0	25.9	30.0
2	04	Nottinghamshire	Green	26.0	0.0	26.0	28.0
3	03	Lincolnshire	Green & White	26.4	0.0	26.4	26.0
4	02	Leicestershire & R	Black	26.5	0.0	26.5	24.0
5	05	Northamptonshire	Red	31.0	0.0	31.0	22.0

Results Sheet

4 x 1 Lap Relay

Competition:
East Midlands Regional Final Under 11 Girls

Venue:
Grantham Meres

Date
2 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Leicestershire & R	Black	51.1	0.0	51.1	30.0
2	01	Derbyshire	White	51.4	0.0	51.4	28.0
3	03	Lincolnshire	Green & White	52.6	0.0	52.6	26.0
4	04	Nottinghamshire	Green	53.3	0.0	53.3	24.0
5	05	Northamptonshire	Red	1:03.1	0.0	1:03.1	22.0

Results Sheet

6 Lap Paarlauf

Competition:
East Midlands Regional Final Under 11 Girls

Venue:
Grantham Meres

Date
2 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Leicestershire & R	Black	1:20.0	0.0	1:20.0	30.0
2	04	Nottinghamshire	Green	1:20.3	0.0	1:20.3	28.0
3	01	Derbyshire	White	1:20.8	0.0	1:20.8	26.0
4	03	Lincolnshire	Green & White	1:25.2	0.0	1:25.2	24.0
5	05	Northamptonshire	Red	1:27.4	0.0	1:27.4	22.0

Results Sheet

Over and Under Relay

Competition:

East Midlands Regional Final Under 11 Girls

Venue:

Grantham Meres

Date

2 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Derbyshire	White	1:12.7	0.0	1:12.7	30.0
2	02	Leicestershire & R	Black	1:14.4	0.0	1:14.4	28.0
3	03	Lincolnshire	Green & White	1:19.9	0.0	1:19.9	26.0
4	04	Nottinghamshire	Green	1:20.4	0.0	1:20.4	24.0
5	05	Northamptonshire	Red	1:24.3	0.0	1:24.3	22.0

Results Sheet

Hurdles Relay

Competition:

East Midlands Regional Final Under 11 Girls

Venue:

Grantham Meres

Date

2 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Nottinghamshire	Green	1:00.1	0.0	1:00.1	30.0
2	03	Lincolnshire	Green & White	1:01.5	0.0	1:01.5	28.0
3	02	Leicestershire & R	Black	1:02.3	0.0	1:02.3	26.0
4	01	Derbyshire	White	1:02.5	0.0	1:02.5	24.0
5	05	Northamptonshire	Red	1:14.3	0.0	1:14.3	22.0

Results Sheet

Balance Test

Competition:
East Midlands Regional Final Under 11 Girls

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Grantham Meres

Date
2 Mar 2024

Ranking	Team	Colour	Total	Points
1	Nottinghamshire	Green	157	30
2	Derbyshire	White	155	28
3	Lincolnshire	Green & White	149	26
4	Leicestershire & R	Black	135	24
5	Northamptonshire	Red	113	22

Ranking	Team	Colour	BibNo	Name	Total
1	Lincolnshire	Green & White	14	Hanna Moore	60
2	Nottinghamshire	Green	9	Eliza De Villiers	58
3=	Derbyshire	White	6	Aimee Brackenbury	57
3=	Derbyshire	White	7	Georgie Riley	57
5=	Leicestershire & R	Black	6	Rose Garner	53
5=	Nottinghamshire	Green	13	Tilly Wood	53
7	Northamptonshire	Red	5	Caitlin Irving	52
8	Leicestershire & R	Black	5	Rose Nugent	51
9	Lincolnshire	Green & White	7	Lily-Rose Jameson	47
10	Nottinghamshire	Green	3	Robin Overbury	46
11	Lincolnshire	Green & White	5	Ola Kubiak	42
12	Derbyshire	White	15	Francesca Mayers	41
13	Northamptonshire	Red	6	Mariah Alaka	36
14	Leicestershire & R	Black	10	Erin Palmer	31
15	Northamptonshire	Red	12	Amy Longden	25

Results Sheet

Chest Push

Competition:
East Midlands Regional Final Under 11 Girls

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Date
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Ranking	Team	Colour	Total	Points
1	Derbyshire	White	14.50	30
2=	Leicestershire & R	Black	12.25	27
2=	Nottinghamshire	Green	12.25	27
4	Lincolnshire	Green & White	11.50	24
5	Northamptonshire	Red	8.75	22

Ranking	Team	Colour	BibNo	Name	Best
1	Derbyshire	White	2	Summer Biggs	7.25
2	Derbyshire	White	1	Jessica Sanderson	7.25
3	Leicestershire & R	Black	1	Ella Swanepoel	6.75
4	Nottinghamshire	Green	1	Natasha Milburn	6.25
5	Lincolnshire	Green & White	3	Rose Pell	6.00
6	Nottinghamshire	Green	10	Hollie Pearson	6.00
7	Leicestershire & R	Black	7	Emmie-Mae Perry	5.50
8	Lincolnshire	Green & White	12	Esmee Wallace	5.50
9	Northamptonshire	Red	7	Lexi Mae Arnold	4.25
	Northamptonshire	Red	4	Emily Groves	4.50

Results Sheet

Javelin

Competition:
East Midlands Regional Final Under 11 Girls

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Grantham Meres

Date
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Ranking	Team	Colour	Total	Points
1	Derbyshire	White	28	30
2	Lincolnshire	Green & White	24	28
3	Leicestershire & R	Black	19	26
4	Nottinghamshire	Green	18	24
5	Northamptonshire	Red	12	22

Ranking	Team	Colour	BibNo	Name	Best
1	Derbyshire	White	14	Ruby Arnold	16
2	Lincolnshire	Green & White	4	Eva Kirtley-Marshall	14
3	Derbyshire	White	4	Martha-Rose Smith	12
4	Leicestershire & R	Black	3	Georgia Salter	10
5=	Lincolnshire	Green & White	11	Amelia Parsons	10
5=	Nottinghamshire	Green	6	Sophia Gibson	10
7	Leicestershire & R	Black	11	Stormie Sherlock	9
8	Nottinghamshire	Green	12	Piper Harpham	8
9	Northamptonshire	Red	12	Amy Longden	6
10	Northamptonshire	Red	8	Esme Ward-Bullock	6

Results Sheet

Speed Bounce

Competition:
East Midlands Regional Final Under 11 Girls

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Ranking	Team	Colour	Total	Points
1	Leicestershire & R	Black	144	30
2	Nottinghamshire	Green	143	28
3=	Derbyshire	White	136	25
3=	Lincolnshire	Green & White	136	25
5	Northamptonshire	Red	113	22

Ranking	Team	Colour	BibNo	Name	Total
1	Nottinghamshire	Green	2	Nancy Knowles	56
2	Leicestershire & R	Black	3	Georgia Salter	51
3	Lincolnshire	Green & White	8	Leah Allen	50
4=	Leicestershire & R	Black	12	Hattie Bond	49
4=	Lincolnshire	Green & White	10	Arabella Weston	49
6	Derbyshire	White	11	Emily Malloy	47
7=	Derbyshire	White	10	Faith Harries	45
7=	Nottinghamshire	Green	11	Katherine Foster	45
7=	Northamptonshire	Red	4	Emily Groves	45
10=	Derbyshire	White	12	Millie Shin	44
10=	Leicestershire & R	Black	2	Naomi-Rose Mugoti	44
12	Northamptonshire	Red	3	Georgina Holley	43
13	Nottinghamshire	Green	10	Hollie Pearson	42
14	Lincolnshire	Green & White	6	Ella Fraser-Betts	37
15	Northamptonshire	Red	13	Jacy Smith	25

Results Sheet

Standing Long Jump

Competition:
East Midlands Regional Final Under 11 Girls

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Ranking	Team	Colour	Total	Points
1	Nottinghamshire	Green	5.92	30
2	Lincolnshire	Green & White	5.51	28
3	Derbyshire	White	5.47	26
4	Leicestershire & R	Black	5.28	24
5	Northamptonshire	Red	4.29	22

Ranking	Team	Colour	BibNo	Name	Best
1	Nottinghamshire	Green	2	Nancy Knowles	2.08
2	Derbyshire	White	14	Ruby Arnold	2.00
3	Nottinghamshire	Green	5	Margot Dixon	1.97
4	Nottinghamshire	Green	4	Katelyn Marshall	1.87
5	Lincolnshire	Green & White	5	Ola Kubiak	1.85
6	Lincolnshire	Green & White	6	Ella Fraser-Betts	1.85
7	Lincolnshire	Green & White	1	Emily Ward	1.81
8	Leicestershire & R	Black	11	Stormie Sherlock	1.80
9	Derbyshire	White	12	Millie Shin	1.76
10	Leicestershire & R	Black	2	Naomi-Rose Mugoti	1.75
11	Leicestershire & R	Black	8	Lisbeth Davies	1.73
12	Derbyshire	White	15	Francesca Mayers	1.71
13	Northamptonshire	Red	3	Georgina Holley	1.55
14	Northamptonshire	Red	4	Emily Groves	1.52
15	Northamptonshire	Red	13	Jacy Smith	1.22

Results Sheet

Standing Triple Jump

Competition:
East Midlands Regional Final Under 11 Girls

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Grantham Meres

Date
2 Mar 2024

Ranking	Team	Colour	Total	Points
1	Derbyshire	White	17.22	30
2	Nottinghamshire	Green	16.60	28
3	Leicestershire & R	Black	16.43	26
4	Lincolnshire	Green & White	16.38	24
5	Northamptonshire	Red	13.40	22

Ranking	Team	Colour	BibNo	Name	Best
1	Leicestershire & R	Black	1	Ella Swanepoel	6.15
2	Derbyshire	White	2	Summer Biggs	6.14
3	Lincolnshire	Green & White	3	Rose Pell	5.70
4	Nottinghamshire	Green	1	Natasha Milburn	5.58
5	Nottinghamshire	Green	7	Holly Hayes	5.56
6	Lincolnshire	Green & White	2	Florence Harrison	5.56
7	Derbyshire	White	4	Martha-Rose Smith	5.56
8	Derbyshire	White	1	Jessica Sanderson	5.52
9	Nottinghamshire	Green	9	Eliza De Villiers	5.46
10	Leicestershire & R	Black	10	Erin Palmer	5.22
11	Lincolnshire	Green & White	8	Leah Allen	5.12
12	Leicestershire & R	Black	5	Rose Nugent	5.06
13	Northamptonshire	Red	5	Caitlin Irving	4.76
14	Northamptonshire	Red	7	Lexi Mae Arnold	4.42
15	Northamptonshire	Red	10	Manar Zbirou	4.22

Results Sheet

Target Throw

Competition:
East Midlands Regional Final Under 11 Girls

Venue:
Grantham Meres

Date
2 Mar 2024

Ranking	Team	Colour	Total	Points
1=	Derbyshire	White	19	29
1=	Leicestershire & R	Black	19	29
3	Lincolnshire	Green & White	16	26
4	Nottinghamshire	Green	12	24

Ranking	Team	Colour	BibNo	Name	Total
1=	Derbyshire	White	13	Sophie Flint	11
1=	Leicestershire & R	Black	12	Hattie Bond	11
3	Lincolnshire	Green & White	7	Lily-Rose Jameson	9
4=	Derbyshire	White	10	Faith Harries	8
4=	Leicestershire & R	Black	6	Rose Garner	8
6=	Lincolnshire	Green & White	10	Arabella Weston	7
6=	Nottinghamshire	Green	13	Tilly Wood	7
8	Nottinghamshire	Green	11	Katherine Foster	5

Results Sheet

Vertical Jump

Competition:
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Date
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Ranking	Team	Colour	Total	Points
1	Nottinghamshire	Green	132	30
2	Lincolnshire	Green & White	126	28
3	Derbyshire	White	125	26
4	Leicestershire & R	Black	114	24
5	Northamptonshire	Red	59	22

Ranking	Team	Colour	BibNo	Name	Best
1	Derbyshire	White	6	Aimee Brackenbury	46
2	Leicestershire & R	Black	4	Adelola Sanyaolu	46
3	Lincolnshire	Green & White	9	Georgia Marriott	46
4	Nottinghamshire	Green	6	Sophia Gibson	45
5	Nottinghamshire	Green	8	Bonnie Bradley	44
6	Nottinghamshire	Green	3	Robin Overbury	43
7	Lincolnshire	Green & White	13	Erin-Rose Pell	40
8	Lincolnshire	Green & White	4	Eva Kirtley-Marshall	40
9	Derbyshire	White	13	Sophie Flint	40
10	Derbyshire	White	8	Ruby Thomson	39
11	Leicestershire & R	Black	7	Emmie-Mae Perry	38
12	Northamptonshire	Red	6	Mariah Alaka	33
13	Leicestershire & R	Black	13	Isla Kinsella	30
14	Northamptonshire	Red	8	Esme Ward-Bullock	26
	Northamptonshire	Red	9	Chanah Sognigbe	0

Results Sheet

2 + 2 Lap Relay

Competition:

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2 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Leicestershire & R	Black	48.9	0.0	48.9	30.0
2	03	Lincolnshire	Green & White	52.0	0.0	52.0	28.0
3	01	Derbyshire	White	53.2	0.0	53.2	26.0
4	04	Nottinghamshire	Green	55.2	0.0	55.2	24.0
5	05	Northamptonshire	Red	1:05.0	0.0	1:05.0	22.0

Results Sheet

Medley Relay

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Lincolnshire	Green & White	43.4	0.0	43.4	30.0
2	04	Nottinghamshire	Green	44.3	0.0	44.3	28.0
3	01	Derbyshire	White	44.9	0.0	44.9	26.0
4	02	Leicestershire & R	Black	47.5	0.0	47.5	24.0
5	05	Northamptonshire	Red	54.4	0.0	54.4	22.0

Results Sheet

4 x 2 Lap Relay

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Leicestershire & R	Black	1:43.1	0.0	1:43.1	30.0
2	01	Derbyshire	White	1:43.8	0.0	1:43.8	28.0
3	03	Lincolnshire	Green & White	1:45.5	0.0	1:45.5	26.0
4	04	Nottinghamshire	Green	1:51.3	0.0	1:51.3	24.0
5	05	Northamptonshire	Red	1:56.3	0.0	1:56.3	22.0