



Notts Mini League Cross Country 4

Worksop College

Worksop *Start Time (11am)* *Permit No* CC2023/0947



Sunday 17-December-2023

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Overall Results after match 4

	Club	Points
1st	Rushcliffe AC	449
2nd	Mansfield Harriers	496
3rd	Newark AC	866
4th	Notts AC	1074
5th	Worksop Harriers	1097
6th	Retford AC	1239
7th	Sutton Harriers	1321

Results Match 4

	Club	Points
1st	Rushcliffe AC	116
2nd	Mansfield Harriers	118
3rd	Newark AC	218
4th	Worksop Harriers	261
5th	Notts AC	267
6th	Retford AC	315
7th	Sutton Harriers	343

Number of Athletes competing 122 plus the adults

Notts Mini League Cross Country 2023 - 2024

1	Sunday 24 September 2023	Notts Mini League Cross Country 1	Kings Park Retford Retford (11am)
2	Sunday 22 October 2023	Notts Mini League Cross Country 2	Berry Hill Park. (Mansfield)Mansfield (11am)
3	Sunday 12 November 2023	Notts Mini League Cross Country 3	Grove Road (Balderton) Newark (1.30 pm)
4	Sunday 17 December 2023	Notts Mini League Cross Country 4	Worksop College Worksop (11am)
5	Sunday 25 February 2024	Notts Mini League Cross Country 5	Rushcliffe Country ParkRushcliffe (11am)

Please remember that for the end of year individual scores, this is calculated on the best 4 out of the 5 race meetings

Event

Notts Mini League Cross Country 4

Venue

Workshop CollegeDistance **1500** Metres

Date

Sunday,17-December-2023

0.93 Miles

Mixed Adult GuestRunners **23**

Race Pos	Name	Club	Time		Pace	
			min	sec	metres / min	mins /Mile
1	Paul Wright	Mansfield	5.	08	292.2	5.51
2	Robert Lindsay	Newark	5.	23	278.6	5.78
3	Steve Gray	Rushcliffe	5.	30	272.7	5.90
4	Ben Mc Clemens	Mansfield	5.	35	268.7	5.99
5	Adam Jonczyk	Workshop	5.	42	263.2	6.12
6	Geoff McCreery	Rushcliffe	5.	47	259.4	6.20
7	Simon Foster	Retford	5.	54	254.2	6.33
8	Kath Malone	Rushcliffe	5.	56	252.8	6.37
9	Ant Evans	Mansfield	5.	58	251.4	6.40
10	Ian Sayers	Notts	5.	59	250.7	6.42
11	Neil Brumfitt	Rushcliffe	6.	00	250.0	6.44
12	Amy Newbould	Newark	6.	01	249.3	6.46
13	Jamie Macintyre	Mansfield	6.	02	248.6	6.47
14	Jason Ludlam	Newark	6.	04	247.3	6.51
15	Mike Oldridge	Rushcliffe	6.	05	246.6	6.53
16	Hannah Foster	Retford	6.	11	242.6	6.63
17	Chris Johnson	Workshop	6.	14	240.6	6.69
18	David Bulmer	Workshop	6.	21	236.2	6.81
19	Izzy Westwood	Mansfield	6.	30	230.8	6.97
20	Alicia Caseldine	Rushcliffe	6.	34	228.4	7.05
21	Gavin Marshall	Mansfield	6.	39	225.6	7.13
22	Colin Wootton	Rushcliffe	6.	53	217.9	7.39
23	Sally Slater	Rushcliffe	7.	07	210.8	7.64
24	Jo Campbell	Workshop	7.	09	209.8	7.67
25	Claire Lane	Rushcliffe	7.	30	200.0	8.05
26	Kate Ludlam	Newark	7.	38	196.5	8.19

Notts Mini League Cross Country 2023 - 2024 Individual Scores

The points in Red are when athletes do not attend (these are the last scoring runner plus one)

only the top 15 athletes shown other by Request

					Notts Mini league Cross Country						
					number of scorers						
					14	19	19	20	-1		
Name	Class	Club	total to Date	Retford	Mansfield	Newark	Workshop	Rushcliffe	Best of 4 Races		
U11 Girls											
66g	1	Martha Manson	U11g	Mansfield	4	1	1	1	1	0	3
22g	2	Scarlett Brumfit	U11g	Rushcliffe	13	3	2	6	2	0	7
302g	3	Nancy Knowles	U11g	Rushcliffe	24	15	4	2	3	0	9
631g	4	Madeleine Matlock	U11g	Retford	31	2	20	4	5	0	11
11g	5	Esmé Evans	U11g	Mansfield	23	6	6	7	4	0	16
51g	6	Catherine Rivs	U11g	Mansfield	27	7	5	9	6	0	18
181g	7	Robin Overbury	U11g	Newark	33	8	15	3	7	0	18
37g	8	Olivia Fletcher	U11g	Mansfield	44	15	3	5	21	0	23
88g	9	Lauren Pate	U11g	Mansfield	37	5	12	12	8	0	25
466g	10	Eliza De Villiers	U11g	Workshop	42	15	7	10	10	0	27
245g	11	Daniela Raspin-Fernandez	U11g	Rushcliffe	43	15	11	8	9	0	28
330g	12	Isobel McPhail	U11g	Rushcliffe	55	15	8	11	21	0	34
304g	13	Georgia Grace	U11g	Rushcliffe	59	15	10	13	21	0	38
50g	14	Erin Pugh	U11g	Mansfield	59	15	9	20	15	0	39
19g	15	Evelyn Wheat	U11g	Mansfield	61	10	20	18	13	0	41
216g	16	Rafaela Jackson	U11g	Rushcliffe	64	15	13	15	21	0	43
70g	17	Daisy Rowley	U11g	Mansfield	65	4	20	20	21	0	44
333g	18	Erin Norfolk	U11g	Rushcliffe	66	9	20	16	21	0	45
185g	19	Maeilse Johnston	U11g	Newark	65	13	16	17	19	0	46
71g	20	Katelyn Marshall	U11g	Mansfield	66	15	20	20	11	0	46

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					20	22	25	22	-1		
Name	Class	Club	total to Date	Retford	Mansfield	Newark	Workshop	Rushcliffe	Best of 4 Races		
U11 Boys											
359b	1	Toby Paget	U11b	Rushcliffe	4	1	1	1	0	3	
162b	2	Rory Adwick	U11b	Newark	13	5	2	2	4	0	8
815b	3	Ethan Daykin	U11b	Notts	15	6	3	4	2	0	9
193b	4	Joshua White	U11b	Newark	18	2	4	5	7	0	11
412b	5	Isaac Beresford	U11b	Workshop	17	3	6	3	5	0	11
316b	6	Thomas Johnson	U11b	Rushcliffe	28	7	8	7	6	0	20
146b	7	Jason Unaligwe	U11b	Newark	38	11	13	6	8	0	25
657b	8	Tyler Foley	U11b	Retford	53	9	23	10	11	0	30
255b	9	Aaron McCreery	U11b	Rushcliffe	52	21	10	11	10	0	31
115b	10	Edward Lindsay	U11b	Newark	57	10	11	13	23	0	34
276b	11	Freddie Hetherington	U11b	Rushcliffe	58	21	5	9	23	0	35
513b	12	Jacob Butler	U11b	Sutton	59	21	7	8	23	0	36
329b	13	Kristof Nemeth	U11b	Rushcliffe	62	4	9	26	23	0	36
19b	14	Jack Whysall	U11b	Mansfield	53	12	14	15	12	0	38
266b	15	Hary Sheppard	U11b	Rushcliffe	60	14	15	18	13	0	42
101b	16	Edward Greenhow	U11b	Newark	73	21	23	26	3	0	47
693b	17	Thomas Taylor	U11b	Retford	66	15	17	17	17	0	49
232b	18	Oscar Hill	U11b	Rushcliffe	73	13	23	14	23	0	50
516b	19	Grainger Mander	U11b	Sutton	77	21	16	26	14	0	51
127b	20	Theo Ludlam	U11b	Newark	75	21	23	12	19	0	52

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					24	22	16	16	-1		
Name	Class	Club	total to Date	Retford	Mansfield	Newark	Workshop	Rushcliffe	Best of 4 Races		
U13 Girls											
814g	1	Isabelle Davey	U13g	Notts	7	1	1	2	3	0	4
20g	2	Charley Whysall	U13g	Mansfield	6	2	2	1	1	0	4
27g	3	Evie Clifton	U13g	Mansfield	11	3	3	3	2	0	8
80g	4	Isla Milne	U13g	Mansfield	16	4	4	4	4	0	12
28g	5	Myannie Westwood	U13g	Mansfield	23	5	5	7	6	0	16
143g	6	Philippa Aitchison-Bowser	U13g	Newark	26	8	7	6	5	0	18
171g	7	Lucy Beardsmore	U13g	Newark	30	7	10	5	8	0	20
17g	8	Olivia Wright	U13g	Mansfield	41	9	8	17	7	0	24
320g	9	Siena Birkin	U13g	Rushcliffe	47	10	11	9	17	0	30
369g	10	Anaëlle Horstwood	U13g	Rushcliffe	54	12	23	10	9	0	31
120g	11	Savannah Ward	U13g	Newark	59	11	23	8	17	0	36
125g	12	Olivia Lindsay	U13g	Newark	53	17	14	12	10	0	36
468g	13	Holly Bulmer	U13g	Workshop	56	15	13	17	11	0	39
394g	14	Ava Watson	U13g	Rushcliffe	57	14	15	11	17	0	40
248g	15	Fearne Phelan	U13g	Rushcliffe	63	6	23	17	17	0	40
258g	16	Lydia Morrow	U13g	Rushcliffe	65	25	6	17	17	0	40
140g	17	Lucia Chivers	U13g	Newark	68	25	9	17	17	0	43
298g	18	Frankie Davidson	U13g	Rushcliffe	70	25	11	17	17	0	45
543g	19	Sophia Niemcow	U13g	Sutton	71	25	19	13	14	0	46
605g	20	Phoebe Ball	U13g	Retford	70	13	23	17	17	0	47

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				17	15	18	20	-1			
		Name	Class	Club	total to Date	Retford	Mansfield	Newark	Worksop	Rushcliffe	Best of 4 Races
		U13 Boys									
365b	1	Adam Paget	U13b	Rushcliffe	4	1	1	1	1	0	3
866b	2	Joshua Groves	U13b	Notts	8	2	2	2	2	0	6
899b	3	Harry Tonks	U13b	Notts	31	3	3	4	21	0	10
21b	4	Edward Macintyre	U13b	Mansfield	14	4	4	3	3	0	10
354b	5	Harry Oldridge	U13b	Rushcliffe	26	5	6	8	7	0	18
424b	6	Theo Bezzani-Oldfield	U13b	Worksop	38	6	16	7	9	0	22
32b	7	Oliwier Macukiewicz	U13b	Mansfield	33	7	9	11	6	0	22
123b	8	Reuben Shivas	U13b	Newark	36	8	7	9	12	0	24
898b	9	Arthur Carr	U13b	Notts	43	18	16	5	4	0	25
357b	10	Zach Ward	U13b	Rushcliffe	46	18	8	10	10	0	28
878b	11	Harry Sinski	U13b	Notts	50	18	5	6	21	0	29
55b	12	William McClemons	U13b	Mansfield	43	9	11	12	11	0	31
315b	13	Joe Turner	U13b	Rushcliffe	54	10	10	13	21	0	33
348b	14	Leo Sweeney	U13b	Rushcliffe	60	12	12	15	21	0	39
920b	15	Harry Sayers	U13b	Notts	58	18	16	19	5	0	39
624b	16	Logan Hickman	U13b	Retford	61	18	16	19	8	0	42
29b	17	Edward Gregory	U13b	Mansfield	62	18	16	14	14	0	44
20b	18	Chris Nixon	U13b	Mansfield	66	14	13	18	21	0	45
670b	19	Rio Davies	U13b	Retford	67	11	16	19	21	0	46
297b	20	Dylan Gray	U13b	Rushcliffe	66	18	16	19	13	0	47

only the top 15 athletes shown other by Request

				19	16	17	16	-1			
		Name	Class	Club	total to Date	Retford	Mansfield	Newark	Worksop	Rushcliffe	Best of 4 Races
		U15 Girls									
391g	1	Sofia Chesterfield	U15g	Rushcliffe	23	20	1	1	1	0	3
43g	2	Maisy Slack	U15g	Mansfield	10	4	2	2	2	0	6
93g	3	Amelia Arbon	U15g	Mansfield	15	5	4	3	3	0	10
422g	4	Miley Townrow	U15g	Worksop	19	6	5	4	4	0	13
324g	5	Lucia Caseldine	U15g	Rushcliffe	31	3	17	5	6	0	14
45g	6	Emily Pares	U15g	Mansfield	27	8	6	8	5	0	19
2g	7	Lily Mason	U15g	Mansfield	39	1	3	18	17	0	21
252g	8	Daisy Oldridge	U15g	Rushcliffe	30	9	7	6	8	0	21
627g	9	Holly Limmer	U15g	Retford	39	7	8	7	17	0	22
25g	10	Florence Kenney	U15g	Mansfield	39	10	9	10	10	0	29
356g	11	Maisie Merryweather	U15g	Rushcliffe	52	20	10	11	11	0	32
24g	12	Olivia Shaw	U15g	Mansfield	54	2	17	18	17	0	36
26g	13	Martha Walker	U15g	Mansfield	57	18	14	12	13	0	39
488g	14	Olivia Wright	U15g	Worksop	58	11	17	16	14	0	41
858g	15	Florence Marette	U15g	Notts	59	12	17	18	12	0	41
257g	16	Alice Grieve	U15g	Rushcliffe	59	15	17	18	9	0	41
282g	17	Keira Morley	U15g	Rushcliffe	62	20	17	18	7	0	42
21g	18	Leila Shaw	U15g	Mansfield	60	13	17	14	16	0	43
563g	19	Olivia Wilson	U15g	Sutton	63	20	17	9	17	0	43
572g	20	Olivia Niemcow	U15g	Sutton	63	20	15	13	15	0	43

Notts Mini league Cross Country

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					number of scorers						
					22	25	24	25	-1		
U15 Boys					Retford	Mansfield	Newark	Worksop	Rushcliffe	Best of 4 Races	
Name	Class	Club	total to Date								
36b	1	Jack Pares	U15b	Mansfield	4	1	1	1	1	0	3
62b	2	Oliver McClemens	U15b	Mansfield	15	3	4	2	6	0	9
253b	3	Caleb Cope	U15b	Rushcliffe	15	2	6	4	3	0	9
236b	4	Conrad Thornewill	U15b	Rushcliffe	26	11	5	3	7	0	15
271b	5	Lewis Carr	U15b	Rushcliffe	29	5	8	6	10	0	19
279b	6	Will Sweeney	U15b	Rushcliffe	48	7	10	5	26	0	22
309b	7	Marcus Wooton	U15b	Rushcliffe	50	12	26	7	5	0	24
334b	8	Tarun Balamurugan	U15b	Rushcliffe	48	23	9	8	8	0	25
128b	9	Lewis Biggin	U15b	Newark	55	23	3	25	4	0	30
628b	10	Sam Limmer	U15b	Retford	51	6	20	9	16	0	31
569b	11	Leo Cotterill	U15b	Sutton	47	9	12	12	14	0	33
6b	12	Oliver Buglass	U15b	Mansfield	59	23	11	13	12	0	36
442b	13	Travis Revell	U15b	Worksop	62	4	18	25	15	0	37
188b	14	Ethan Cooper	U15b	Newark	59	15	21	10	13	0	38
384b	15	Joshua Lane	U15b	Rushcliffe	66	23	26	15	2	0	40
318b	16	Sam Turner	U15b	Rushcliffe	67	17	13	11	26	0	41
364b	17	George Mousley	U15b	Rushcliffe	65	23	15	16	11	0	42
3b	18	Daniel Adams	U15b	Mansfield	68	8	26	25	9	0	42
364b	19	George Mousley	U15b	Rushcliffe	65	23	15	16	11	0	42
453b	20	Zac Ellery	U15b	Worksop	68	23	14	14	17	0	45