



Nottinghamshire
Athletics Network

QuadKids Competition

Bingham Track

Bingham Leisure Centre,
Nottingham NG13 8BL

Thurs 5th April 2012

Starting at 2.00pm

Four age groups based on
current school years 4, 5, 6 and 7.

All athletes take part in four events:

- 75m Sprint
- Long Jump
- Howler Javelin Throw
- 600m Run

Entry forms available at your club

All athletes must pre-enter, no entries on the day. Cost £2 per athlete.



For further information contact
David Lisgo (Network Coordinator)
mwcdg_david@hotmail.co.uk

