

NOTTINGHAMSHIRE SCHOOLS TRACK AND FIELD CHAMPIONSHIPS

2018

COMPETING AREA TEAMS.	NUMBERS WORN FRONT & BACK
ASHFIELD	1 & 2
BASSETLAW	3 & 4
BROXTOWE	5 & 6
GEDLING	7 & 8
MANSFIELD	9 & 10
NEWARK & SHERWOOD	11 & 12
NOTTINGHAM CITY	13 & 14
RUSHCLIFFE	15 & 16

Scoring

1st place = 8 pts. 2nd place = 7 pts. 3rd place = 6 pts. 4th place = 5 pts. 5th place = 4 pts. 6th place = 3 pts. 7th place = 2 pts. 8th place = 1 pt. No points for later positions.

Additional points will be awarded to competitors on the following basis:

County Standard-1pt. ESAA entry standard-2pts. ESAA National Standard-3pts.

In races in which heats are held it will be the first one in each heat and an appropriate number of fastest losers to make an 8 athlete final.

In timed races the medals and points will be awarded on the basis of the fastest times.

Standards are set by ESAA and published annually in their handbook.

ESAA entry and national standards are shown in the programme.

PLEASE ENSURE THAT YOUR DISTRICT HAS AT LEAST 3 PEOPLE TO ASSIST WITH OFFICIATING (STAFF OR LEADERS, preferably those who know what they are doing)

PLEASE BE AWARE OF ATHLETES WHO MAY NOT BE ALLOWED TO COMPETE AT YOUR DISTRICT COMPETITIONS BUT CAN STILL COMPETE FOR YOU AT COUNTY

NOTTINGHAMSHIRE SCHOOLS' TRACK AND FIELD CHAMPIONSHIPS

2018

Rules for competition. The championship meeting will be conducted under ESAA & UKA rules (April 2018 rule book)

NUMBERS. Competitors may be disqualified if they do not wear the correct numbers back and front for all events except High Jump and Pole Vault when they can wear their numbers on the front. These will be supplied by the Association on arrival.

NUMBERS MUST BE FASTENED TO YOUR VEST BY SAFETY PINS, ONE IN EACH CORNER TO PREVENT ANY FOLDING OF THE NUMBER.

ELIGIBILITY. All competitors must be bona fide scholars in full time education at affiliated schools/academies/colleges in Nottinghamshire/ Nottingham City.

Junior over 12 and under 15 years of age (years 8 and 9 only) **NO YEAR 7 PUPILS**

Intermediate 15 and under 17 years of age (years 10 and 11 only)

All ages are reckoned at 31st August/ 1st September at the end of the current school year.

NO GUESTS WILL BE ALLOWED IN ANY EVENTS WITHOUT PRIOR PERMISSION FROM ANITA SPRAY (3 Days before the event).

Year 11 athletes who could not compete at District level due to exams need to be incorporated into District teams where possible.

NUMBERS OF EVENTS PER COMPETITOR. Juniors and Intermediates are restricted to any **two** events (when UKA rules apply) plus a relay.

All competitors if at all possible must wear the correct area kit otherwise they may risk disqualification.

In races in which heats are held it will be the first one in each heat and a number of fastest losers to make an 8 athlete final. In timed races the medals and points will be awarded on the basis of the fastest times.

NUMBER OF TRIALS

WITH THE EXCEPTION OF THE POLE VAULT and HIGH JUMP, ALL COMPETITORS WILL HAVE 3 TRIALS AND THE TOP 8 WILL HAVE ONE FURTHER TRIAL.

STARTING HEIGHTS

	JUNIOR BOYS.	INTERMEDIATE BOYS.	INTERMEDIATE GIRLS.	JUNIOR GIRLS.
Pole vault.	1.50m	2.00m	1.60m	1.50m
High Jump.	1.30m	1.40m	1.25m	1.15m

TIMES OF EVENTS. The times of the events in the programme may change. Please listen to any announcements on the public address system.

ESAA HAVE BANNED THE USE OF DRONES AT ANY SCHOOLS' EVENT. PLEASE ACKNOWLEDGE THIS. MANY THANKS.

NOTTINGHAMSHIRE COUNTY SCHOOLS CHAMPIONSHIPS

@ HARVEY HADDEN STADIUM. NOTTINGHAM

SATURDAY 9th JUNE 2018.

Schedule of events—Track

RACE	TIME	EVENT	
T1	10.30	Inter Boys 400m Hurdles	Timed
T2	10.40	Inter Girls 300m Hurdles	Timed
T3	10.55	Junior Boys 800m	Final
T4	11.00	Junior Girls 800m	Final
T5	11.05	Inter Boys 800m	Final
T6	11.10	Inter Girls 800m	Final
T7	11.15	Junior Girls 100m	Heats
T8	11.20	Junior Boys 100m	Heats
T9	11.25	Inter Girls 100m	Heats
T10	11.30	Inter Boys 100m	Heats
T11	11.35	Inter Boys 400m	Timed
T12	11.45	Inter Girls 300m	Timed
T13	11.50	Junior Girls 300m	Timed
T14	12.00	Junior Boys 300m	Timed
T15	12.10	Inter Girls 3000m	Final
T16	12.25	Junior Girls 100m	Final
T17	12.30	Junior Boys 100m	Final
T18	12.35	Inter Girls 100m	Final
T19	12.40	Inter Boys 100m	Final
T20	12.45	Inter Boys Steeplechase	Final
		LUNCH	
T21	1.25	Inter Girls Steeplechase	Final
T22	1.35	Junior Girls Relay	Final
T23	1.40	Junior Boys Relay	Final
T24	1.45	Inter Girls Relay	Final
T25	1.50	Inter Boys Relay	Final
T26	2.00	Junior Girls 200m	Heats
T27	2.05	Inter Girls 200m	Heats
T28	2.10	Junior Boys 200m	Heats
T29	2.15	Inter Boys 200m	Heats
T30	2.20	Inter Boys 3000m	Final
T31	2.35	Junior Girls 75m Hurdles	Timed races
T32	2.50	Inter Girls 80m Hurdles	Timed races
T33	3.00	Junior Boys 80m Hurdles	Timed races
T34	3.15	Inter Boys 100m Hurdles	Timed races
T35	3.40	Junior Boys 1500m	Final
T36	3.50	Junior Girls 1500m	Final
T37	4.00	Inter Girls 1500m	Final
T38	4.10	Inter Boys 1500m	Final
T39	4.20	Junior Girls 200m	Final

T40	4.25	Junior Boys 200m	Final
T41	4.30	Inter Girls 200m	Final
T42	4.35	Inter Boys 200m	Final

FIELD EVENTS

F1	10.00	Inter Boys Hammer	FINAL
F2	10.00	Junior Boys Hammer	FINAL
F3	10.00	Inter Girls Hammer	FINAL
F4	10.00	Junior Girls Hammer	FIANL
F5	11.00	Inter Girls Pole Vault	FINAL
F6	11.00	Inter Boys Pole Vault	FINAL
F7	11.00	Junior Boys Pole Vault	FINAL
F8	11.00	Junior Girls Pole Vault	FINAL
F9	11.00	Inter Boys Discus	FINAL
F10	11.00	Junior Boys Shot	FINAL
F11	11.00	Junior Girls High Jump	FINAL
F12	11.00	Inter Boys Long Jump	FINAL
F13	12.00	Inter Girls Discus	FINAL
F14	12.00	Junior Girls Shot	FINAL
F15	12.00	Junior Boys High Jump	FINAL
F16	12.00	Inter Girls Triple Jump	FINAL
F17	13.00	Inter Boys Javelin	FINAL
F18	14.00	Inter Boys Shot	FINAL
F19	14.00	Inter Girls High Jump	FINAL
F20	14.00	Junior Boys Triple Jump	FINAL
F21	14.00	Junior Girls Long Jump	FINAL
F22	14.00	Inter Girls Javelin	FINAL
F23	15.00	Junior Girls Discus **	FINAL
F24	15.00	Junior Boys Javelin	FINAL
F25	15.00	Inter Boys Triple Jump	FINAL
F26	15.00	Inter Girls Long Jump	FINAL
F27	16.00	Inter Girls Shot	FINAL
F28	16.00	Junior Girls Javelin	FINAL
F29	16.00	Inter Boys High Jump	FINAL
F30	16.00	Junior Boys Long Jump	FINAL
F31	16.00	Junior Boys Discus. **	FINAL

PLEASE NOTE THAT ** WILL OPERATE FROM 2nd CAGE AT POLE VAULT END OF THE STADIUM

INTER COUNTIES SCHOOLS' MATCH

MASON TROPHY

SATURDAY 16th JUNE 2018 @ ALEXANDER STADIUM. BIRMINGHAM. 10am START.

DETAILS TO FOLLOW.

NOTTINGHAMSHIRE SCHOOLS' ATHLETICS ASSOCIATION
ESAA Championships BIRMINGHAM

13th 14th July 2018

PERFORMANCE DETAILS

If you wish to be considered for the Nottinghamshire Schools' Athletics Team for the 2018 ESAA Track and Field Championships please complete the form and hand in at the presentation desk BEFORE YOU LEAVE THE STADIUM TODAY (this includes any Senior athletes (years 12/13) who may wish to be nominated) or send it to Anita Spray at 6, Dryden Ave. Newark. NG24 3QT or anitaspray0528@gmail.com. Please make sure you are available on the Championship dates as we will travel on Thursday 12th July. Remember there are no Senior events in our County Schools Championships. Please refer to the selection policy on Notts. AAA website.

Please note that **both the athlete in conjunction with the school** will be asked to make a financial contribution to these championships and failure to pay will result in the athlete unable to compete.

AGE GROUP (please tick)	Boy	Girl	Junior (Yr 8/9)
			Intermediate (Yr 10/11)
			Senior (Yr 12/13)

Detail your best TWO performances this season IN THE EVENT YOU WISH TO BE CONSIDERED FOR COMPETITION AT BIRMINGHAM 2018.

NAME OF SCHOOL/ACADEMY OR COLLEGE IN NOTTINGHAM/SHIRE

School Year Group:

EVENT	PERFORMANCE	VENUE
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NAME:
DATE OF BIRTH:
ADDRESS:
HOME TEL.NUMBER:
MOBILE NUMBER:
Email address:

Selection of the team will be made in the week following the County Championships on Saturday 9th June at Harvey Hadden Stadium, Nottingham.

FINAL selection will take place at the Mason Trophy Meeting on June 16th at Alexander Stadium Birmingham.