

Sunday 31st January 2010

Nottinghamshire Team Mk3

Track Events (Block 1)

U13 Girls	time trials	Blaire Williams
Obstacle relay		Bethany Platford Chloe Buttery Charlotte Peach
U13 Boys	time trials	Edward Booth
Obstacle relay		Sam Brown Robert Palmer Ben Twible

Track Events (Block 2)

U13 Girls	Heats	Charlotte Mclenagh Rosie Purchase
U13 Boys	Heats	Nicky Carter Ben Twible
U13 Girls	Heats	Rachel Norris Holly Megan Shaw
U13 Boys	Heats	Brett Garratt Edward Booth
U13 Girls	Non Scoring	Lauren Ward Georgia Clarke
U13 Boys	Non Scoring	Matthew Allcock Robert Palmer Peter Mumford

Track Events (Block 3)

U15 Girls	time trials	Eloise McQuaid Amy Scott Heather Barnes
U15 Boys	time trials	Kaylan Francis Stevens Peter Carrington Jordan Mitchell
U15 Girls	time trials	Isabelle Brooks Emma Jessop Emily Appleby
U15 Boys	time trials	Matthew Gregg Jake Lacey John Jessop
U15 Girls	Non Scoring	
U15 Boys	Non Scoring	

Track Events (Block 4)

U13 Girls	Time Trials	Charlotte Peach Chloe Buttery Bethany Platford Blaire Williams
U13 Boys	Time Trials	Henry Ellis Matthew Allcock Joshua Ilyk Liam Machin
U13 Girls	time trials	Mia Spence Claire Norris
U13 Boys	Time Trials	Peter Mumford Daniel Appleby
U13 Girls	Finals	
U13 Boys	Finals	
U13 Girls	Finals	
U13 Boys	Finals	

Field Events U13's (Block 2)

U13 Girls	High Jump	Charlotte Mclenagh Lauren Ward
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Field Events U13's (Block 3)

U13 Boys	Standing Triple	Peter Mumford Daniel Appleby
U13 Girls	Standing long	Mia Spence Charlotte Peach
U13 Boys	Vertical Jump	Ben Twible Edward Booth
U13 Boys	Shot	Sam Brown Matthew Allcock
U13 Boys	Speed Bounce	Liam Machin Robert Palmer
U13 Girls	Standing Triple	Blaire Williams Claire Norris
U13 Boys	High Jump	Nicky Carter Joshua Ilyk

Field Events U13's (Block 4)

U13 Girls	Vertical Jump	Chloe Buttery Bethany Platford
U13 Girls	Shot	Rosie Purchase Holly Megan Shaw
U13 Boys	Standing Long	Henry Ellis Brett Garratt
U13 Girls	Speed Bounce	Rachel Norris Georgia Clarke

Field Events U15's (Block 2)

U15 Boys	Shot	Matthew Gregg Kaylan Francis Stevens Jordan Mitchell
U15 Boys	Speed Bounce	Peter Carrington Jake Lacey John Jessop
U15 Girls	Vertical jump	Eloise McQuaid Emma Jessop Emily Appleby
U15 Girls	Standing long	Isabelle Brooks Amy Scott Heather Barnes

Field Events U15's (Block 4)

U15 Boys	Standing Triple	Kaylan Francis Stevens Peter Carrington John Jessop
U15 Boys	Standing long	Matthew Gregg Jake Lacey Jordan Mitchell
U15 Girls	Shot	Isabelle Brooks Amy Scott Heather Barnes
U15 Girls	Speed Bounce	Eloise McQuaid Emma Jessop Emily Appleby

Interval if required or Presentation of Medals

4x2 lap Relays Heats (if required order and details as block 6 Below)

Track Events (Block 5)

U13

U15 Girls time trials Emma Jessop
8 lap Paarlauf Emily Appleby

U15 Boys time trials Matthew Gregg
8 lap Paarlauf Jake Lacey

U13 Girls time trials Holly Megan Shaw
8 lap Paarlauf Claire Norris

U13 Boys time trials Nicky Carter
8 lap Paarlauf Liam Machin

Track Events (Block 6)

U13 Girls Finals Charlotte Mclenagh
4x2 lap Relays Rosie Purchase
Mia Spence
Rachel Norris

U13 Boys Finals Brett Garratt
4x2 lap Relays Joshua Ilyk
Daniel Appleby
Henry Ellis

U15 Girls Finals Eloise McQuaid
4x2 lap Relays Amy Scott
Heather Barnes
Isobelle Brooks

U15 Boys Finals Peter Carrington
4x2 lap Relays Jordan Mitchell
John Jessop
Kaylan Francis Stevens

The Day will conclude with Medal presentations and team results.

The Winning teams will Progress to the Aviva Sports Hall Championship's UK Final