

Team Information

Each Fun in Athletics team should consist of a minimum of 12 girls and 12 boys, with a maximum of 15 girls and 15 boys being permitted.

All athletes must be under 11 years of age as at midnight 31st August / 1st September 2008 and must be at least 9 years of age on the day.

Track Events	Number of athletes required	
Obstacle Relay	4 girls	4 boys
1 + 1 Lap Relay	2 girls	2 boys
4 x 1 Lap Relay	4 girls	4 boys
6 Lap Paarlaufl	2 girls	2 boys
Over / Under Relay	4 girls	4 boys
Hurdles Relay	4 girls	4 boys
Grand Prix	4 girls	4 boys
Field Events		
Jumps		
Standing Long Jump	3 girls	3 boys
Standing Triple Jump	3 girls	3 boys
Vertical Jump	3 girls	3 boys
Agility		
Balance Test	3 girls	3 boys
Hi-Stepper	3 girls	3 boys
Speed Bounce	3 girls	3 boys
Throws		
Chest Push	2 girls	2 boys
Soft Javelin	2 girls	2 boys
Target Throw	2 girls	2 boys

Each team member is limited to two track events and two field events. Please note that an athlete may do no more than one event from each of the field sections, i.e. jumps, agility, throws.

A number of non-scoring races will be run throughout the competition.

All athletes must wear trainers. Athletes will not be permitted to compete in bare feet or unsuitable footwear.

Should you have any questions with regards to the specific events or the format of the programme, please contact Sportshall Associates Ltd.

Please note our new contact details:

Festival Programme

After a short welcome and the introduction of the teams, the action begins!

On the track and in the field
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Obstacle Relay – girls Obstacle Relay – boys	
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1 + 1 Lap Relay – girls 4 x 1 Lap Relay – girls	Round One – boys St Long Jump, St Triple Jump, Vertical Jump, Balance Test, Hi-Stepper, Speed Bounce, Chest Push, Target Throw
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1 + 1 Lap Relay – boys 4 x 1 Lap Relay – boys	Round One – girls St Long Jump, St Triple Jump, Vertical Jump, Balance Test, Hi-Stepper, Speed Bounce, Chest Push, Target Throw
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6 Lap Paarlauf – girls Over / Under Relay – girls	Round Two – boys St Long Jump, St Triple Jump, Vertical Jump, Balance Test, Hi-Stepper, Speed Bounce, Chest Push, Target Throw
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Over / Under Relay – boys 6 Lap Paarlauf – boys	Round Two – girls St Long Jump, St Triple Jump, Vertical Jump, Balance Test, Hi-Stepper, Speed Bounce, Chest Push, Target Throw
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Soft Javelin – girls	Round Three – boys St Long Jump, St Triple Jump, Vertical Jump, Balance Test, Hi-Stepper, Speed Bounce
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Soft Javelin – boys	Round Three – girls St Long Jump, St Triple Jump, Vertical Jump, Balance Test, Hi-Stepper, Speed Bounce
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Hurdles Relay – girls Hurdles Relay – boys	
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Grand Prix – girls Grand Prix – boys	
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Please note our new contact details: